

## **My Bad Times Are Past**

www.linedancerweb.com www.linedancefoundation.com www.kingshilldanceholidays.com. 32 Count 4 Wall Low Improver Level Dance.
Choreographed by: Sebastiaan Holtland (NL) Jul 2022
Choreographed to: Bad For Me by Meghan Trainor feat Teddy Swims

Intro: 32 Counts. Start at approx 22 secs.

Remember to Vote for your favourite dances in the Linedancer Charts.

SIDE, TOGETHER, KNEE POP FWD, CROSS SAILOR 1/8, PRESS SWEEP, SAILOR FWD  Step RF to R, Step LF beside RF and pop R knee fwd  Step RF across LF, Make 1/8 turn R step LF to L, Step RF to R (1:30)  On diagonal Press LF fwd, Recover back onto RF and sweep LF from front to back  Step LF behind RF, Make 1/8 turn R step RF to R, Step LF fwd (3:00)
Here on Wall 4
SIDE, TOGETHER, PRESS SWEEP, BACK, SWEEP, ANCHOR STEP, STEP, SIDE POINT  Step RF to R, Step LF beside RF, Press RF fwd  Recover back onto LF and sweep RF from front to back, Step LF small back and sweep LF from front to back  Step LF behind RF, Step RF in place, Step LF in place  Step RF fwd, Point LF out to L
DIAMOND ½  Step LF fwd, Make ½ turn L step RF to R, Step LF back (1:30)  Step RF slightly back, Make ½ turn R step LF to L, Step RF fwd (12:00)  Step LF fwd, Make ½ turn L step RF to R, Step LF back (10:30)  Step RF slightly back, Make ½ turn R step LF to L, Step RF fwd (9:00)
SIDE ROCK, SAILOR STEP, TOGETHER, STEP, KNEE LIFT, SYNCOPATED SIDE POINTS  Rock LF to L, Recover back onto RF  Step LF behind RF, Step RF to R, Step LF to L  Step RF beside LF, Step LF fwd, Lift R knee up  Point RF out to R, Step RF beside LF  Point LF out to L, Step LF beside RF

