

This Is It

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SEC 1

48 Count 2 Wall Intermediate Level Dance.

Choreographed by: Joy McIntosh (AUS) Jan 2019

Choreographed to: This Is It by Scotty McCreedy

Intro: 24 Counts. Start at approx 22 secs.

Remember to Vote for your favourite dances in the Linedancer Charts.

ACROSS, SIDE & ACROSS-SIDE-BEHIND, SIDE, 1/4 BACK, BACK-LOCK-BACK

1-2& 3&4 5-6 7&8	Step L across in front of right, step R to the side, step L together Step R across in front of left, step L to the side, step R behind left Step L to the side, turn ¼ left step R back (9:00) Step L back, lock R across in front of left, step L back
SEC 2 1-2 3&4 5-6 7&8	ROLL BACK, ½ SHUFFLE FORWARD, SIDE, ROCK, ¼ TURN SAILOR Turn ½ right step R forward, turn ½ right step L back (9:00) Turn ½ right shuffle forward step R-L-R (3:00) Step L to the side, side rock onto R Sailor step turning ¼ left step L-R-L (12:00)
SEC 3 1&2 &3-4& 5-6 7-8	SHUFFLE ACROSS & BACK, ROCK & TOUCH, ½ UNWIND, HIP, HIP Shuffle right across in front of left step R-L-R Step L to the side, step R back, rock forward onto L, step R to the side Touch L toe behind right, unwind turning ½ left take weight onto L (6:00) Step R to the side push hips right, push hips left
SEC 4 1&2 3&4 5&6 7-8	ACROSS-SIDE-¼ SIDE, ACROSS-SIDE-¼ SIDE, ACROSS-SIDE-¼ SIDE, PADDLE TURN Step R across in front of left, step L to the side, turn ¼ right step R to the side (9:00) Step L across in front of right, step R to the side, turn ¼ left step L to the side (6:00) Step R across in front of left, step L to the side, turn ¼ right step R to the side (9:00) Step L forward, turn ¼ right take weight onto R (12:00)
Restart	Here on walls 1, 3 & 5
SEC 5 1-2 3&4 5-6 7&8	FORWARD, FORWARD, MAMBO FORWARD, ROLL BACK, COASTER STEP Sweep to step L forward, sweep to step R forward Mambo step L forward, rock back onto R, step L back Turn ½ right step R forward, turn ½ step L back (12:00) Coaster step R back, step L together, step R forward
Restart	Here on wall 4
SEC 6 1&2 3&4 5-6& 7-8	QUICK PIVOT-FORWARD, FORWARD-FULL HITCH-FORWARD, SIDE, ROCK & SIDE, ROCK Step L forward, turn ½ right take weight onto R, step L forward (6:00) Step R forward, hitch L turning full turn left, step L forward (6:00) Step R to the side, side rock onto L, step R together Step L to the side, side rock onto R
Tag 1-2& 3-4&	At the end of wall 6 Step L forward, rock back onto R, turn ½ left step L forward Step R forward, rock back onto R, turn ½ right step R forward

