
Section 1 – Left, Rock Back, Recover, Forward Lock, Rock Forward, Recover, Turn ¼ Left (facing 12.00)

- 1 2 3 Step left to left side, Rock back on right (6.00), Recover onto left
4 & 5 Step right forward, lock left behind right, right step forward
6 & 7 Rock forward on left, Recover onto right, ¼ turn left (facing 9.00) step left to left side (6.00)
8 & 1 Hold, Step right next to left, Step left to left side (6.00) & lift right heel swivelling toes to point to 11.30

Section 2 – Swivels, Hook, ¼ Right Forward, Forward Lock

- 2 Lower right heel swivelling toes to point to 9.00 (weight on right) & lift left heel swivelling toes to point to 6.30
3 Lower left heel swivelling toes to point to 9.00 (weight on left) & lift right heel swivelling toes to point to 11.30
4 Lower right heel swivelling toes to point to 9.00 & lift left heel swivelling toes to point to 6.30
& Lower left heel swivelling toes to point to 9.00 & lift right heel swivelling toes to point to 11.30
5 Lower right heel swivelling toes to point to 9.00 & lift left heel swivelling toes to point to 6.30
6 Lower left heel swivelling toes to point to 9.00 (weight on left) & hook right in front of left
7 Turn ¼ right & step right forward (12.00)
8 & 1 Step left forward, lock right behind left, step left forward

Section 3 – Forward, Pivot ½ Left, Forward Lock, Cross Point, Cross Point (facing 12.00)

- 2 Step right forward
3 Pivot ½ left (face 6.00) ending with weight on left
4 & 5 Step right forward, lock left behind right, step right forward
6 Step left across right
7 Point right to right side (9.00)
8 Step right across left
1 Point left to left side (3.00)

Section 4 – Rock Forward, Recover, Back Lock, Ronde/Ball/1/4 Left, Forward Lock (facing 6.00)

- 2 Rock forward on left
3 Recover on right
4 & 5 Step left back, lock right over left, step back left
6 Right ronde (sweep) from front to back
& Right ball step behind left
7 ¼ turn left (face 3.00) step left forward
8 & 1 (facing 3.00) Step forward right, lock left behind right, step forward right

Section 5 – Rock Forward, Recover, Ronde/Ball/Step Back, Bump Hips 2X, Forward Lock (facing 3.00)

- 2 Rock forward on left
3 Recover on right
4 Left ronde (sweep) from front to back
& Step left ball behind right
5 Step right back (9.00) & lift left heel
6 Lift left hip
& Lower hip
7 Lift left hip
& Lower hip
8 & 1 Step left forward, lock right behind left, step left forward

Section 6 – Kick, Step Back, Hold, Step Together, Step Forward, Side, Together, Triple Side (facing 3.00)

- 2 Kick right forward
3 Step right back (9.00) & push hip backward while pointing right hand out in front
4 Hold
& Step left next to right
5 Step right forward
6 Step left to left side (12.00)
7 Step right next to left
8 & 1 Step left to left side, step right next to left, step left to left side

Note:

(a) The last count of the dance is also the first count of the dance to start again

(b) If above music is used, dance/music ends at count 7 of Section 2 of 6th wall.

To finish the dance facing front (12.00), after count 5 of section 2, continue swivels as follows :

- 6 Lower left heel swivelling toes to point to 12.00 & lift right heel swivelling toes to point to 2.30
& Lower right heel swivelling toes to point to 12.00 & lift left heel swivelling toes to point to 9.30
7 Lower left heel swivelling toes to point to 12.00 & lift right heel swivelling toes to point to 2.30
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