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This Old Love Thing

32 Count 4 Wall High Beginner Level Dance. Choreographed by: Helaine Norman (USA) Mar 2022 Choreographed to: Before I Knew It by Mason Ramsey Intro: 32 Counts. Start at approx 16 secs.

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SEC 1 LINDY, ROCK RECOVER, BACK, HITCH

- 1&2 Step R side, step L together, step R side
- 3-4 Rock L back, recover to R
- 5-6 Rock L forward, recover to R
- 7-8 Step L back, hitch R

SEC 2 BACK COASTER, ½ PIVOT R TURN, TRIPLE ½ R TURN, ¼ PIVOT L TURN

- 1&2 Step R back, step L together, step R forward
- 3-4 Step L forward, making ½ turn right, step R (6:00)
- 5&6 Step L making ¼ turn right, step R together, step L making ¼ turn right (12:00)
- 7-8 Step R forward making ¹/₄ turn left, weight to L (9:00)

SEC 3 CROSSING SHUFFLE, SIDE ROCK RECOVER, BEHIND SIDE CROSS, ROCK RECOVER, ¼ L TURN

- 1&2 Step R over L, step L, step R over
- 3-4 Rock L side, recover to R
- 5&6 Step L behind, step R side, step L over
- 7-8 Rock R side, recover to L making ¹/₄ turn left (6:00)
- Restart Here on Wall 9 facing 12:00

SEC 4 1/4 R TURN JAZZ BOX, SIDE SWITCHES, TOUCH HOLD

- 1-4 Step R over, step L back
- 3-4 Making ¼ turn right step R side, step L together
- 5&6 Point R side, step R together, point L side
- &7-8 Step L together, touch R together, hold
- Tag At the end of Wall 4

LINDY, ROCK RECOVER, BACK, HITCH

- 1&2 Step R side, step L together, step R side
- 3-4 Rock L back, recover to R
- 5-6 Rock L forward, recover to R
- 7-8 Step L back, hitch R (12:00)



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