

# Shoulders

www.linedancerweb.com www.linedancefoundation.com www.kingshilldanceholidays.com. 48 Count 2 Wall Low Intermediate Level Dance. Choreographed by: Elaine Cook (CAN) & I.C.E Feb 2022 Choreographed to: Shoulders by Johnny Ried Intro: 8 Counts. Start at approx 7 secs.

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## SEC 1 R ROCK RECOVER & L ROCK RECOVER, STEP L 1/4 L, WALK R, L, R, L MAMBO 1/2 L

- 1-2& Cross rock R over L, recover L, step R side
- 3-4& Cross rock L over R, recover R, step L <sup>1</sup>/<sub>4</sub> L (9:00)
- 5-6-7 Walk forward R, L, R (can do cross walks for styling)
- 8&1 Rock L forward, recover R, step L <sup>1</sup>/<sub>2</sub> L (3:00)

#### SEC 2 R SCISSOR, L SCISSOR, ¼ L, ¼ L, ROCK R FORWARD, RECOVER L, STEP R ¼ R

- 2&3 Step R side, step L beside R, cross R over L
- 4&5 Step L side, step R beside L, cross L over R
- 6&7 Make <sup>1</sup>/<sub>4</sub> turn L stepping back on R, make <sup>1</sup>/<sub>4</sub> turn L stepping forward L, rock R forward (9:00)
- 8& Recover L, step R ¼ R (12:00)

#### SEC 3 L ROCK RECOVER & R ROCK RECOVER, STEP R ¼ R, WALK L, R, L, STEP R, PIVOT ½ L, ½ L

- 1-2& Cross rock L over R, recover R, step L side
- 3-4& Cross rock R over L, recover L, step R 1/4 R (3:00)
- 5-6-7 Walk forward L, R, L
- 8&1 Step R forward, make ½ turn L (weight forward on L), make ½ turn L stepping back on R (9:00)

## SEC 4 L COASTER, R CROSS, L BALLSTEP 1/8 R, WALK 1/2 R STEPPING R, L, R, L

- 2&3 Step L back, step R beside L, step L forward
- 4& Cross R over L, rock on ball of L to L side turning 1/8 R (4:30)
- 5-6-7-8 Make <sup>1</sup>/<sub>2</sub> turn R walking R, L, R, L (10:30)

#### SEC 5 MODIFIED R ROCKING CHAIR, L LOCK FORWARD, R STEP FORWARD, L STEP, PIVOT ½ R

- 1-2 Staying on diagonal rock R forward, recover L
- 3-4 Rock R back, recover L (this is the first step of the lock)
- Restart Here on Wall 2
- &5-6 Step R slightly behind L, step L forward, step R forward
- 7-8 Step L forward, make 1/2 turn R (weight forward on R) (4:30)

#### SEC 6 <sup>1</sup>/<sub>2</sub> R, R LOCK BACK, L COASTER, R STEP, PIVOT <sup>1</sup>/<sub>2</sub> L, R BALLSTEP, L SIDE

- 1-2&3 Make <sup>1</sup>/<sub>2</sub> turn R stepping back on L, step R back, step L slightly across R, step R back (10:30)
- 4&5 Step L back, step R beside L, step L forward
- 6-7 Step R forward, make 1/2 turn L (weight forward on L) (4:30)
- 8& Rock on ball of R to R side, recover on L
- Ending At the end of Wall 5, Step R Forward and pose 12:00
- Note: On Wall 4, in S5 & S6, the music feels slower. There is no music on Counts 2-8 of S6. From Count 1 in S6, count 2-8 in your head as you do the steps don't rush it. It will phrase to when the music starts again for the beginning of the dance. Please see my demo and walk-through videos



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