

U Gurl

www.linedancerweb.com www.linedancefoundation.com www.kingshilldanceholidays.com. 32 Count 4 Wall Improver Level Dance. Choreographed by: Cassie Murphy (USA) & Ashley Ironside (USA) Jan 2022 Choreographed to: U Gurl by Walker Hayes Intro: 16 Counts. Start at approx 8 secs.

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SEC 1 POINT, ¼ KNEE POP, ROCK RECOVER, ½ TURN SWEEP L, SWEEP R, ROCK RECOVER HIP BUMP

- 1-2 Point RF to the right side, ¹/₄ turn pop right knee up (3:00)
- 3-4 Step RF back pop Left knee up, recover weight on LF
- 5-6 Step weight on RF, ½ turn over R shoulder sweeping LF behind RF, sweep RF behind LF (9:00)
- 7-8 Step RF back pop L knee up, bump L hip recover weight on LF

SEC 2 WALK, WALK, FULL TURN, 2 HIP ROLLS

- 1-2 Walk forward crossing RF over LF, walk forward crossing LF over RF
- 3&4 Step RF forward, ¹/₂ turn stepping LF back, ¹/₂ turn bringing RF next to left foot (shoulder width apart) (9:00)
- 5-6 Slow hip roll over 2 counts
- 7-8 Slow hip roll over 2 counts
- Restart Here on Wall 3 and 6

SEC 3 CROSS UNWIND, ROCK RECOVER, BEHIND SIDE CROSS AND CROSS, HEEL GRIND ¼ TURN

- 1-2 Jump up crossing RF over LF, ½ unwind over L shoulder (3:00)
- 3&4 Step RF to R side, recover weight on LF, cross RF behind LF
- &5&6 Step LF out to the L side, cross RF over LF, ball cross RF over LF
- 7-8 L heel grind ¹/₄ turn to the L (12:00)

SEC 4 COASTER STEP, POINT R, POINT L, ¼ SAILOR STEP, BODY ROLL

- 1&2 Step LF back, step RF back next to LF, step LF forward
- 3&4 Point RF to the R side, step RF next to LF, point LF to the L side
- 5&6 Cross LF behind RF turning a ¹/₄ turn to the L, step RF to the R side, step LF to the L side (9:00)
- 7-8 Body roll

