

My Heart Starts Dancing

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SEC₁

32 Count 4 Wall Intermediate Level Dance.

Choreographed by: Tomas Ängshed (SWE) Dec 2021

Choreographed to: I Love You More by Avery Anna
Intro: 16 Counts. Start at approx 14 secs.

Remember to Vote for your favourite dances in the Linedancer Charts.

STEP SWEEP, WEAVE SWEEP, BEHIND, 1/8 L, PRISSY WALKS RL, ROCK FWD, RECOVER, 3/8 R, 1/2 R, 1/4 R

1-2&3 4& 5-6 7& 8&1	Step RF fwd sweep LF, cross LF over RF, step RF to side, step LF back sweep RF Cross RF behind LF, turn ½ L step LF fwd to L diagonal (10:30) Walk RF fwd and slightly in front of LF, walk LF fwd and slightly in front of RF Rock RF over LF, recover to RF Turn ¾ R step RF fwd, turn ½ R step LF back, turn ¼ R step RF to side (12:00)
Restart	Here on Wall 4
SEC 2 2-3 4&5-6 7&8& 1	CROSS, ¼ L, SIDE, BALL, STEP FWD, WALK, ROCKING CHAIR, ½ R SWEEP Cross LF over RF, make a ¼ hinge turn L stepping RF to side (9:00) Step LF to side, step RF next to LF, step LF fwd, step RF fwd Rock LF fwd, recover to RF, rock LF back, recover to RF Turn ½ R step LF back sweep RF back (3:00)
SEC 3 2&3 4& 5-6& 7& 8&1	ROCK BACK, RECOVER, ¾ L, SIDE, CROSS, L BASIC, SCISSOR STEP, BALL, CROSS SWEEP Rock RF back, recover to LF, step RF fwd, spiral turn ¾ L (6:00) Step LF to side, cross RF over LF Step LF to side (big step), step RF behind LF, cross LF over RF Step RF to side, step LF next to RF Cross RF over LF, step LF next to RF Cross RF over LF sweep LF
Restart	Here on Wall 5
SEC 4 2-3 4&5 6-7 8& Option	CROSS, ¾ L, WALK X3, BACK, ¼ L LUNGE, ¼ R, BALL Cross LF over RF, step RF to side and make ¾ spiral turn L (9:00) Step LF fwd, step RF fwd, step LF fwd hitch RF Step RF back, turn ¼ L rock LF to side (6:00) Recover to RF while turning ¼ R, step LF next to RF (9:00) Recover to RF while turning ¼ R, step LF fwd and make a full spiral turn to R (9:00)

