Back On Monday
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32 Count 4 Wall High Beginner Level Dance.
Choreographed by: Alison Biggs (UK) \& Peter Metelnick (UK) Nov 2021
Choreographed to: Back In Love By Monday by Ray Lynam
Intro: 32 Counts. Start at approx 11 secs.

Remember to Vote for your favourite dances in the Linedancer Charts.

SEC 1 DIAGONAL FWD LOCK STEP, DIAGONAL FWD LOCK STEP, FWD ROCK/RECOVER, $3 / 8$ CROSS SHUFFLE
1\&2 On right diagonal step $R$ forward, lock left behind right, step $R$ forward
$3 \& 4 \quad$ Turning towards left diagonal step $L$ forward, lock $R$ behind $L$, step $L$ forward
5\&6 Rock $R$ forward, recover weight, turning $3 / 8$ right to right side wall step $R$ to $R$ side (3:00)
7\&8 Cross step L over R, step R side, cross step L over R

SEC 2 ¼ MONTEREY, ¼ MONTEREY, FWD ROCK/RECOVER, BACK, $1 ⁄ 2$ FWD SHUFFLE
1\& $\quad$ Touch $R$ toes to right side, turning $1 / 4$ right on $R$ step $L$ together ( $6: 00$ )
2\& Touch $L$ toes to left side, step $L$ together
3\& Touch $R$ toes to right side, turning $1 / 4$ right on $R$ step $L$ together ( $9: 00$ )
4\& Touch $L$ toes to left side, step $L$ together
$5 \& 6$ Rock $R$ forward, recover weight on $L$, step $R$ back
7\&8 Turning $1 / 2$ left step L forward, step R together, step L forward (3:00)
SEC 3 SIDE ROCK/RECOVER, TOGETHER, FWD, HEEL FWD, TOES BACK, FWD, SIDE ROCK/RECOVER, TOGETHER, FWD, HEEL FWD, TOES BACK, FWD
1\&2\& Rock R side, recover weight on L, step R together, step L forward
$3 \& 4 \quad$ Touch $R$ heel forward, touch $R$ toes back, step $R$ forward
5\&6\& Rock L side, recover weight on $R$, step $L$ together, step $R$ forward
7\&8 Touch $L$ heel forward, touch $L$ toes back, step $L$ forward

SEC 4 FWD, ½ PIVOT TURN, FWD, RUN FWD, FWD MAMBO, COASTER CROSS
1\&2 Step R forward, pivot $1 / 2$ left, step $R$ forward ( $9: 00$ )
3\&4 Step L forward, step R forward, step L forward
Option On counts $3 \& 4$ you can execute a full right turn moving forward in your line of dance
5\&6 Rock R forward, recover weight on $L$, step $R$ back
$7 \& 8$ Step L back, step R together, cross step L over R
Option On counts $7 \& 8$ you can execute a full left turning triple step cross

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