

Double Back

www.linedancerweb.com www.linedancefoundation.com www.kingshilldanceholidays.com. 64 Count 2 Wall Intermediate Level Dance. Choreographed by: Fred Whitehouse (IRL), Jean-Pierre Madge (CH) & Tim Johnson (UK) Oct 2021 Choreographed to: No Plans For Love by D-Nice, Ne-yo & Kent Jones Intro: 48 Counts. Start at approx 25 secs.

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SEC 1 L SLIDE, STEP, TOUCH L, TOUCH R, BODY ROLL, WEAVE

- 1-2 Large step to left side on L, Step R next to L
- 3&4 Touch L to left side, Step L next to R, Angling body to 9:00 touch R behind
- 5-6 Over two counts body roll down ending with weight on R (5-6)
- 7&8 Straightening up to 12:00 Step L behind R, step R to right side, Bending knees to drop level, Cross L over R,
- Arms On count 8 on walls 2&4 raise right hand up with index and middle finger held in a peace sign

SEC 2 $\frac{1}{4}$ R, $\frac{1}{2}$ L, R SAILOR, WALK L, $\frac{1}{2}$ R, $\frac{1}{2}$ L, $\frac{1}{2}$ R

- 1-2 Making a ¹/₄ turn right step forward on R, Making a ¹/₂ right step back on L (9:00)
- 3&4 Step R behind L, Step L to left side, Step R next to L
- 5-6 Step forward on L, Making a ¹/₂ turn left step back on R (3:00)
- 7-8 Making a ¹/₂ turn left step forward on L, Making a ¹/₂ turn left step back on R (3:00)
- Styling On counts 7-8 pop knees outwards as you turn

SEC 3 BACK L, BALL STEP, FORWARD R, L FORWARD & SIDE &, SWEEP R, SWEEP L

- 1-2 Over two counts take a large step back on L (1-2)
- &3-4 Step R next to L, Step forward L, Step forward on R
- 5&6& Rock forward on L, recover weight on R, Rock L out to left side, recover weight on R &
- 7-8 Step back on L sweeping R from front to back, Step back on R sweeping L from front to back 8

SEC 4 BACK L, HOLD, 1/4 TOUCH, HEEL GRIND, R BEHIND, 1/8 L, CAMEL WALKS R, L

- 1-2 Step back on L, keeping R in place pop R knee and lift heel, Hold
- &3-4 Making ¹/₄ right step forward R, touching L toe next to R, Step L to left side, heel grind R out to right side (6:00)
- 5-6 Step R behind L, making ¹/₈ Left step forward on L (4:30)
- 7-8 Step forward on R as you pop left knee, step forward on L as you pop right knee

SEC 5 R MAMBO 1/2, WALK L,R, & BEHIND R, HEEL BOUNCE 1/2 TURN

- 1&2 Rock forward on R, recover weight on L, making a ½ turn right, step forward on R, 10:30
- 3-4 Walk forward L, walk forward R
- &5-6 Step forward L, lock R behind L, making a ¹/₄ turn right bounce heels to the left (1:30)
- 7-8 Making a ¹/₄ turn right bounce heels to the left, making a ¹/₈ turn right bounce heels to the left (6:00) (weight ends on R)

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Linedance Foundation, Linedancer, 166 Lord Street, Southport, United Kingdom, PR9 0QA. Email: scripts@linedancerweb.com www.linedancefoundation.com www.linedancer-radio.com kingshilldanceholidays.com crystalbootawards.com

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SEC 6 CROSS ROCK L, ROCK R FORWARD, MOONWALK BACK

- 1-2 Cross rock L over R, recover weight to R
- &3-4 Step L to left side, rock R forward, recover weight to L
- 5 Step R toes next to L keeping weight on R, slide L foot back until heel starts to lift
- 6 Transfer weight to L toes and put R foot flat to the floor, drag R back past L until heel starts to lift
- 7 Transfer weight to R toes and put L foot flat to the floor, drag L back past R until heel starts to lift
- 8 Transfer weight to L toes and put R foot flat to the floor, drag R back past L until heel starts to lift
- Option to moonwalk would be to do west coast swing steps moving backwards
- 5-6 Step back R, fanning L toes out to left side, Step back L, fanning R toes out to right side
- 7-8 Step back R, fanning L toes out to left side, Step back L, fanning R toes out to right side

SEC 7 1/4 R, CLICK, R CROSS, CLICK, & BEHIND, CLICK, OUT, OUT, TOES HEELS

- 1-2 Making a ¹/₄ turn right stepping R to right side, reach right arm out to right side and click fingers (9:00)
- &3-4 Step L to left side, cross R over L, reach left arm out to left side and click fingers
- &5-6 Step L to left side, touch R behind L, reach both arms out to the side and click both fingers
- &7&8 Step R out to right side, step L out to left side, bring both toes into the centre, bring both heels into the centre

SEC 8 R DOROTHY, L DOROTHY, ½ TURN R, ½ BACK LOCK

- 1-2 Step R forward to right diagonal, step L behind R
- &3-4 Step R to right side, step L forward to left diagonal, step R behind L
- &5-6 Step L to left side, step R forward, make a ¹/₂ turn left transferring weight to L (3:00)
- 7&8 Making a ¹/₂ turn L, step back on R, lock L in front of R, step back on R (9:00)
- Note Restart the dance by making a ¼ turn left on count 1

