

## **Just A Notion AB**

www.linedancerweb.com www.linedancefoundation.com www.kingshilldanceholidays.com. 32 Count 2 Wall Absolute Beginner Level Dance. Choreographed by: Aiden Fryer (UK) Nov 2021 Choreographed to: Just A Notion by ABBA Intro: 24 Counts. Start at approx 11 secs.

Remember to Vote for your favourite dances in the Linedancer Charts.

<b>SEC 1</b> 1&2 3-4 5&6 7-8	CHASSE RIGHT ROCK BACK, CHASSE LEFT ROCK BACK Step R to R side, Close L next to R, Step R to R side Rock back left recover right Step L to L side, Close R next to L, Step L to L side Rock back right recover left
SEC 2	SHUFFLE FORWARD ROCK RECOVER, SHUFFLE BACK ROCK BACK RECOVER
1&2	Step forward on R, Close L next to R, Step forward on R
3-4	Rock forward on left, recover on right
5&6	Step back on L, Close R next to L, step back on L
7-8	Rock back on right, recover on left
SEC 3	1/4 SIDE TOUCH SIDE TOUCH, GRAPEVINE WITH TOUCH
1-2	Make ¼ left step right to right side, touch left next to right (9:00)
3-4	Step left to left side touch right next to left
5-6	Step right to right side, cross L behind
7-8	Right to right side, touch left next to right
SEC 4	SIDE BEHIND 1/4 TOUCH-HIP BUMPS R, L, R,L
1-2	Step left to left side, right behind
3-4	Make ¼ left step forward on left after vine touch R next to L (6:00)
5-6-7-8	Step R to R side pushing hips as you bump hips RLRL

