

Comin' On Strong!

www.linedancerweb.com www.linedancefoundation.com www.kingshilldanceholidays.com. 32 Count 4 Wall Improver Level Dance.

Choreographed by: Charlie Bowring (UK), Rob Fowler (ES) & I.C.E Sept 2021

Choreographed to: Comin' On Strong! by Trace Adkins

Intro: 16 Counts. Start at approx 10 secs.

Remember to Vote for your favourite dances in the Linedancer Charts.

SEC 1	TOUCH HEEL FORWARD, TOE BACK, SHUFFLE FORWARD, ROCK, RECOVER, SHUFFLE $rac{1}{2}$
1-2	Touch right heel forward, touch right toe back
3&4	Step right forward, step instep of left to right heel, step right forward
5-6	Rock left forward, recover on to right
7&8	Step left to side making ½ turn left, step right next to left, step left forward making ½ turn left (6:00)
Restart	Here on Wall 5
SEC 2	WEAVE WITH SWEEP, BEHIND, SIDE, CROSS, RECOVER, SIDE
1-2	Step right across left, step left to left side
3-4	Step right behind left, sweep left from front to back
5-6	Step left behind right, step right to right side
7&8	Cross rock ball of left over right, recover on to right, step left to left side
SEC 3	SWAYS (WITH CLOSE), CHASSE, CROSS, BACK, SHUFFLE 1/4
1-2	Sway hips to right, sway hips to left (dragging right into a touch next to left)
3&4	Step right to right side, step left next to right, step right to right side
5-6	Step left across right, step right back
7&8	Step left forward making ¼ turn left, step instep of right to left heel, step left forward (3:00)
SEC 4	FORWARD, ½ KICK, ROCK BACK, RECOVER, FULL TURN, SHUFFLE FORWARD
1-2	Step right forward, ½ turn left on ball of right kicking left forward (9:00)
3-4	Rock left back, recover on to right
5-6	½ turn right stepping left back, ½ turn right stepping right forward
Option	For counts 5-6 walk forward left, right
7&8	Step left forward, step instep of right to left heel, step left forward

