

## **My Heart Can't Breathe**

www.linedancerweb.com www.linedancefoundation.com www.kingshilldanceholidays.com. 32 Count 4 Wall Beginner Level Dance.
Choreographed by: Teri Rogers (USA) Sept 2021
Choreographed to: My Heart Can't Breathe by John Michael Ferrari
Intro: 16 Counts. Start at approx 10 secs.

Remember to Vote for your favourite dances in the Linedancer Charts.

SEC 1 1-2 3&4 5-6 7&8	CROSS ROCK RECOVER SHUFFLE RIGHT, HALF JAZZ BOX ¼ TURN SHUFFLE LEFT Cross Rock Right over Left, Recover on Left Shuffle Right R-L-R Cross Left over Right, Step back on right Shuffle Left turning ¼ Left (9:00)
<b>SEC 2</b> 1&2 3&4 5-6	KICK BALL CHANGE X 2, ½ TURN LEFT, SHUFFLE FORWARD Kick Right forward, Step on ball of right, change weight to left foot Kick Right forward, Step on ball of right, change weight to left foot Step forward on Right, Turn ½ Left Step forward on Left (3:00)
Restart 7-8	Here on Wall 3, Add the following then Restart Walk forward Right, Walk forward Left
7&8	Shuffle forward on Right
<b>SEC 3</b> 1-2 3&4 5-6 7&8	1/2 TURN RIGHT, SHUFFLE FORWARD, ROCK RECOVER COASTER Step forward on Left, Turn 1/2 right, Step forward on Right (9:00) Shuffle Forward L-R-L Rock forward on right, recover on left Step back on Right, back on Left, forward on Right R-L-R
SEC 4 1-2 3&4 5&6 7&8	SIDE ROCK LEFT, SAILOR STEP X 3, (LEFT SAILOR, RIGHT SAILOR, LEFT SAILOR) Rock Left to left side, Recover on Right Cross Left behind Right, step Right to Right side, step Left in place Cross Right behind left, step left to left side, step right in place Cross Left behind Right, step Right to Right side, step Left in place

