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Cay Cha Cha 32 Count, 4 Wall, Improver, Cha Cha Choreographer: Rafel Corbi (Spain) July 2008 Choreographed to: Laid Back 'n Low (Cay) by Alan Jackson. CD Good Time

1-2 3&4 5-6 7&8	HIP BUMPS, TRIPLE HIP BUMPS, STEP, TOGETHER, COASTER STEP Bump hips to left, bump hips to right Bump hips to left, bump hips to right, bump hips to left Step right foot to right side, step left foot together Step right foot back, step left foot together, step right forward
9-10 11&12 13-14 15-16	STEP FORWARD, PIVOT TURN, ¼ TURN RIGHT MAMBO CROSS, ROCK & RECOVER, ½ TURN RIGHT & CHA CHA FORWARD Step left foot forward, pivot ½ turn right (weight on right) 6:00 Doing a ¼ turn right, rock left foot to left side, recover to right, cross-step left foot across right Rock right foot forward, recover on left and do a ½ turn to right Step right forward, bring left next to right, step right forward
17-18 19&20 21-22 23&24	FULL TURN FORWARD, CHA CHA FORWARD, ROCK & RECOVER WITH ½ TURN RIGHT, CHA CHA FORWARD Do a full turn forward to right stepping left, right Step left forward, bring right next to left, step left forward Rock right foot forward, recover on left and do a ½ turn to right Step right forward, bring left next to right, step right forward
25-26 27&28	Step left foot forward, pivot ½ turn right (weight on right) Step left forward, bring right next to left, step left forward Step forward with right, step forward with left Step forward with right, step forward with left These four steps must be done with cha cha Latin attitude, moving hips.

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