Sent From Above
www.linedancerweb.com
www.linedancefoundation.com
www.kingshilldanceholidays.com.

32 Count 4 Wall Improver Level Dance
Choreographed by: Martine Canonne (FR) \& Martine Nageotte (FR) Aug 2021
Choreographed to: Sent From Above by Dolly Parton
Intro: 16 Counts. Start at approx 10 secs

Remember to Vote for your favourite dances in the Linedancer Charts.

SEC 1 WALKS R \& L, SAILOR $1 ⁄ 4$ W/SKATE R, SKATE L, SKATE TURN $1 ⁄ 4$ R, MAMBO
1-2 Step RF fwd, step LF fwd (open your body diagonally right)
3\&4 Cross RF behind LF, turn $1 / 4$ right stepping LF to left side, skate RF diagonally right fwd ( $3: 00$ )
5-6 Skate LF diagonally left fwd, turn $1 / 4$ right with skate $R F$ fwd (6:00)
$7 \& 8$ Step LF fwd, recover onto RF, step LF next to RF and pushing your hips back (weight onto LF)
SEC 2 WALKS R \& L, ANCHOR STEP, BACKS L \& R, COASTER STEP
1-2 Step RF fwd, step LF fwd
3\&4 Cross RF behind LF (3rd position), recover onto LF, step RF back
5-6 Step LF back, step RF back
$7 \& 8$ Step ball LF back, step ball RF next to LF, step LF fwd

Restart Here on Wall 4
SEC 3 SIDE ROCK, CROSS \& CROSS R \& L
1-2 Step RF to right side, recover onto LF
$2 \& 3$ Cross RF over LF, step LF to left side, cross RF over LF
5-6 Step LF to left side, recover onto RF
7\&8 Cross LF over RF, step RF to right side, cross LF over RF

SEC 4 POINT R \& L \&, POINT R-TOUCH-BACK R W/ DRAG HEEL L, COASTER STEP, STEP TURN 3/4-POINT
1\& Touch point RF to right side, step RF next to LF
2\& Touch point LF to left side, step LF next to RF
3\&4 Touch point RF to right side, touch RF next to LF, make a big step RF back and drag heel LF
5\&6 Step ball LF back, step ball RF next to LF, step LF fwd
$7 \& 8 \quad$ Step RF fwd, weight onto LF make $3 / 4$ turn left, touch point RF to right side (9:00)

Linedance Foundation, Linedancer, 166 Lord Street, Southport, United Kingdom, PR9 0QA. Email: scripts@linedancerweb.com www.linedancefoundation.com www.linedancer-radio.com

