Get Your Hands Up
www.linedancerweb.com
www.linedancefoundation.com
www.kingshilldanceholidays.com.

32 Count 4 Wall Improver Level Dance.
Choreographed by: Rob Holley (USA) Jul 2021
Choreographed to: Hands Up by Tim Hicks Intro: 48 Counts. Start at approx 24 secs.

Remember to Vote for your favourite dances in the Linedancer Charts.

## SEC 1 SLIDE STEPS DIAGONALLY RIGHT FORWARD, V-STEP W/TOUCH

1\& Step ball of $R$ diagonally forward, slide $L$ next to $R(1: 30)$
2\& Step ball of $R$ diagonally forward, slide $L$ next to $R$
3\& Step ball of $R$ diagonally forward, slide $L$ next to $R$
4 Step R diagonally forward
5-6 Turn $1 / 8$ L \& step L out \& forward, step R out \& side (12:00)
7-8 Step L in \& back, touch R next to L
Note During the chorus (on counts 1-8) the lyrics will say "So get your hands up, up, up, up to the sky,"
feel free to add any additional arm or hand movement for styling
SEC 2 ROLLING VINE RIGHT W/POINT, BEHIND SIDE FORWARD, WALK, WALK
1-2 Turn $1 / 4 R$ \& step $R$ fwd, turn $1 / 2 R$ \& step $L$ back ( $9: 00$ )
3-4 Turn $1 / 4 R$ \& $R$ side, point $L$ to $L$ side (12:00)
5\&6 Step $L$ behind $R$, step $R$ to $R$ side, step $L$ forward
7-8 Step $R$ forward, step $L$ forward

Restart Here on wall 8

SEC 3 HOP UP-UP, HOLD, $1 / 4$ TURN HIP ROLL LEFT, SIDE MAMBO
\&1-2 Hop/step $R$ forward, step $L$ next to $R$, hold
3-6 Step $R$ forward, turn $1 / 8 L$ \& roll hips (weight on $L$ ) (10:30)
5-6 Step R forward, turn $1 / 8 \mathrm{~L}$ \& roll hips (weight on L ) (9:00)
7\&8 Step R to $R$ side, step $L$ in place, step $R$ next to $L$
SEC 4 FORWARD/BACK HIP ROLL, $1 \not 2$ PIVOT, FORWARD SHUFFLE
1-2 Step $L$ forward while pushing hips forward (weight to L ), pull hips back (weight to $R$ )
3-4 Push hips forward (weight to L), pull hips back (weight to R)
5-6 Step L forward, turn $1 / 2 R$ (weight to $R$ ) (3:00)
7\&8 Step L forward, step R next to L, step L forward

