

**Get Your Hands Up** 

www.linedancerweb.com www.linedancefoundation.com www.kingshilldanceholidays.com. 32 Count 4 Wall Improver Level Dance. Choreographed by: Rob Holley (USA) Jul 2021 Choreographed to: Hands Up by Tim Hicks Intro: 48 Counts. Start at approx 24 secs.

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## SEC 1 SLIDE STEPS DIAGONALLY RIGHT FORWARD, V-STEP W/TOUCH

- 1& Step ball of R diagonally forward, slide L next to R (1:30)
- 2& Step ball of R diagonally forward, slide L next to R
- 3& Step ball of R diagonally forward, slide L next to R
- 4 Step R diagonally forward
- 5-6 Turn 1/8 L & step L out & forward, step R out & side (12:00)
- 7-8 Step L in & back, touch R next to L
- **Note** During the chorus (on counts 1-8) the lyrics will say "So get your hands up, up, up, up to the sky," feel free to add any additional arm or hand movement for styling

## SEC 2 ROLLING VINE RIGHT W/POINT, BEHIND SIDE FORWARD, WALK, WALK

- 1-2 Turn 1/4 R & step R fwd, turn 1/2 R & step L back (9:00)
- 3-4 Turn <sup>1</sup>/<sub>4</sub> R & R side, point L to L side (12:00)
- 5&6 Step L behind R, step R to R side, step L forward
- 7-8 Step R forward, step L forward
- Restart Here on wall 8

## SEC 3 HOP UP-UP, HOLD, 1/4 TURN HIP ROLL LEFT, SIDE MAMBO

- &1-2 Hop/step R forward, step L next to R, hold
- 3-6 Step R forward, turn 1/8 L & roll hips (weight on L) (10:30)
- 5-6 Step R forward, turn 1/8 L & roll hips (weight on L) (9:00)
- 7&8 Step R to R side, step L in place, step R next to L

## SEC 4 FORWARD/BACK HIP ROLL, ½ PIVOT, FORWARD SHUFFLE

- 1-2 Step L forward while pushing hips forward (weight to L), pull hips back (weight to R)
- 3-4 Push hips forward (weight to L), pull hips back (weight to R)
- 5-6 Step L forward, turn ½ R (weight to R) (3:00)
- 7&8 Step L forward, step R next to L, step L forward

