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64 Count 4 Wall Intermediate Level Dance.

Choreographed by: Lucy Cooper (UK) Jun 2021

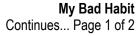
Choreographed to: Bad Habits by Ed Sheeran Intro: 16 Counts. Start on vocal at approx 10 secs.

**My Bad Habits** 

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SEC 1 1-2 3&4 5-6 7&8	BEHIND, SWEEP ¼ L, COASTER STEP, ½ PIVOT L, SIDE MAMBO, CROSS  Cross right behind left, sweep left behind turning ¼ left (9:00)  Step left back, step right back, step left forward  Step right forward, pivot ½ left (weight ending on the left) (3:00)  Rock right out to the side, recover onto left, cross right over left
<b>SEC 2</b> 1-2 3-4& 5-6& 7-8	POINT, CROSS, POINT, FORWARD, HEEL LIFT, RECOVER, R COASTER STEP, FORWARD  Point left to left side, cross left over right  Point right to right side, step right forward, lift heels rolling onto toes  Put weight down onto left foot, step right back, step left back  Step right forward, step left forward
<b>SEC 3</b> 1-2 3-4 5-6 7-8	1/4 PIVOT L, CROSS, 1/2 R, SIDE W L SWEEP, CROSS, SIDE  Step right forward, pivot 1/4 left (ending weight on left) (12:00)  Cross right over left, Step left back turning 1/4 right (3:00)  Step right to side turning 1/4 right sweeping left round to front (over 2 counts) (6:00)  Cross left over right, step right to side
<b>SEC 4</b> 1-2 3-4 5-6 7&8	BACK ROCK, RECOVER, ½ TURN R, CROSS, BACK ¼ L, L COASTER STEP  Rock left back, recover onto right  Step left back turning ¼ right, step right to side turning ¼ right, (12:00)  Cross left over right, step right back turning ¼ L (9:00)  Step left back, step right back, step left forward
<b>SEC 5</b> 1&2 3&4	R TOUCH W HIP BUMP, L TOUCH W HIP BUMP, FORWARD ROCK, RECOVER, BACK, TOGETHER, FORWARD Touch right forward bumping hip right, recover hip left, step right down Touch left forward bumping hip left, recover hip right, step left down
Restart	Here on wall 3
5-6& 7-8	Rock right forward, recover onto left, step right back Step left beside right, step right forward (prepare to pivot L from here)
<b>SEC 6</b> 1-2& 3-4 5-6& 7-8	1/2 PIVOT, FORWARD R LOCK, FORWARD ROCK, RECOVER, SIDE ROCK, BACK ROCK (TURN L CORNER) Pivot 1/2 L (ending with weight on left), step right forward, lock left behind (3:00) Step right forward, rock left forward Recover onto right, rock left to side turning to left diagonal, recover onto right (1:30) Rock left back, recover onto right (still facing left diagonal)





My Bad Habit Continues... Page 2 of 2

SEC 7	TO DIAGONALS, FORWARD, HOOK ½ TURN R, WALK WALK, FORWARD, HOOK ½ TURN L, WALK WALK
1-2	Step left forward, ½ pivot R (weight left) brushing the right into a hook, (730)
3-4	Walk right forward, walk left forward
5-6	Step right forward, ½ pivot L (weight right) brushing the left into a hook, (1:30)
7-8	Walk left forward, walk right forward
SEC 8	CROSS, SIDE 1/8 L, SIDE ROCK 1/8 L, RECOVER, CROSS, POINT, TOUCH, KICK
1-2	Cross left over right, step back on right turning 1/8 L (12:00)
3-4	Rock left to side turning 1/4 L, recover right to side (9:00)
5-6	Cross left over right, point right to right side
7-8	Touch right next to left, kick right to right side

