

## Raise Em Up (Remix)

www.linedancerweb.com www.linedancefoundation.com www.kingshilldanceholidays.com. 32 Count 4 Wall High Beginner Level Dance.
Choreographed by: Val Saari (CAN) Apr 2021
Choreographed to: Raise Em Up (2021 Remix) by Alonestar feat
Ed Sheeran & Freeway

Intro: 16 Counts. Start on vocal at approx 9 secs.

Remember to Vote for your favourite dances in the Linedancer Charts.

SEC 1	TOE STRUTS FWD WITH HIP BUMPS (RL), ROCK /RECOVER, COASTER STEP
1&2	Touch RF toes forward & bump hips RLR, (step heel down on count 2)
3&4	Touch LF toes forward while bumping hips LRL, (step LF heel down on count 4)
5-6	Rock RF forward, Recover LF
7&8	Rock RF back, Step LF together, Step RF forward
SEC 2	TOE STRUTS FWD WITH HIP BUMPS (LR), ROCK/RECOVER SAILOR STEP 1/4 L
1&2	Touch LF toes forward & bump hips LRL, (step heel down on count 2)
3&4	Touch RF toes forward while bumping hips RLR, (step heel down on count 4)
5-6	Rock LF forward, Recover RF
7&8	Sailor Step LRL turn ¼ L (9:00)
SEC 3	SWAY, SYNCOPATED WEAVE X 2 (RL)
1-2	Step RF to R side and sway hips R,L
3&4	Step RF behind L, Step LF left, Step RF across L
5-6	Step LF to L side and sway hips L,R
7&8	Step LF behind R, Step RF right, Step LF across R
SEC 4	STEP-TURN ¼ LEFT TWICE, HIP BUMPS RLR, LRL
1-2	Step RF forward, Turn 1/4 turn left (weight on left) (6:00)
3-4	Step RF forward, Turn 1/4 turn left (weight on left) (3:00)
5&6	Step RF right and bump hips RLR
7&8	Bump hips LRL

