

Not Alright Cha

www.linedancerweb.com www.linedancefoundation.com www.kingshilldanceholidays.com. 32 Count 2 Wall Absolute Beginner Level Dance.
Choreographed by: Sebastiaan Holtland (NL) Apr 2021
Choreographed to: Not Alright by Pink Sweat\$
Intro: 8 Counts. Start on vocal at approx 5 secs.

Remember to Vote for your favourite dances in the Linedancer Charts.

SEC 1 1-3 4&5 6-7 8&	SIDE L, BACK ROCK R, SIDE CHA CHA R, CROSS ROCK L, SIDE L, R TOGETHER Step LF to L, Rock RF back, Recover back onto LF Step RF to R, Step LF beside RF, Step RF to R Cross Rock LF fwd, Recover back onto RF Step LF to L, Step RF beside LF
SEC 2 1-2 &3-4 &5-6 7&8	L SIDE , HOLD, TOGETHER, L SIDE, HOLD, TOGETHER, SIDE ROCK L, BEHIND, SIDE, TOGETHER Step LF to L, Hold Step RF beside LF, Step LF to L, Hold Step RF beside LF, Rock LF to L, Recover back onto RF Step LF behind RF, Step RF to R, Step LF beside RF (with restarts holding weight onto RF)
Restart SEC 3	here in wall 3/6 after 16 counts, after start again (12:00) SIDE R, BACK ROCK L, STEP LOCK STEP L FWD, FWD ROCK R, R BACK, TOGETHER
1-3	Step RF to R, Rock LF back, Recover back onto RF
4&5	Step LF fwd, Lock RF behind LF, Step LF fwd
6-7	Rock RF fwd, Recover back back onto LF
8&	Step RF back, Step LF beside RF
SEC 4 1 2-3 4&5 6-8	R BACK, BACK ROCK L, ½ SHUFFLE TURN L, BACK ROCK R, STEP R Step RF back Rock LF back, Recover back onto RF ½ Shuffle turn R (L, R, L) (6:00) Rock RF back, Recover back onto LF, Step RF fwd

