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# Me n You One Heart

72 Count 2 Wall Phrased Intermediate Level Dance. Choreographed by: Dodo Wong (CAN) Mar 2021 Choreographed to: One Heart by Z. Tao Intro: 16 Counts. Start on vocal at approx 11 secs.

Remember to Vote for your favourite dances in the Linedancer Charts. Sequence: A (16 Counts), Tag, A, A, B, A, B, A, B

Part A 32 counts / 2 Walls

## SEC 1 TOUCH OUT, MONTEREY ¼ R, SYNCOPATED VINE R & L

- 1-2 Touch right toe out, step right together left & make a ¼ R with sweep L out,
- 3&4& Cross left over right, step right to side, cross left behind right, step right to side (3:00)
- 5-6-7 Cross left over right, step right to side, cross left behind right & sweep right from front to back,
- 8&1 Cross right behind left, step left to side, step right forward

#### SEC 2 FWD, EXTEND STEP LOCK STEPS, PIVOT 1/2 R, RUN 3 STEPS

- 2 3&4&5 Step left forward, step right forward, lock left behind right, step right forward, lock left behind right, step right forward
- 6-7 Step left forward, pivot 1/2 R,
- 8&1 run 3 steps L/R/L (9:00)
- **Restart** Here on first A then do the Tag

#### Tag STEP, 1/4 R BOUNCES

- 1-4 Step left forward, bounces heels ¼ R (end weight on left for restart A)
- Arms Both hands make a heart shape & bomb 4 times in front of your chest

## SEC 3 PIVOT 1/4 R, LEFT JAZZ BOX CROSS, COASTER, SWIVEL HEELS 1/2 L

- 2 3&4& Pivot ¼ R, cross left over right, step right back, step left back, cross right over left (12:00)
- 5-6-7 Step left back, step right together, step left forward,
- 8&1 Forward right, swivel left heel ¼ L, swivel right heel ¼ L (6:00)

## SEC 4 ROCK BACK, RECOVER, LEFT CROSS SAMBA, FWD ROCK, RECOVER, BACK, TOGETHER

- 2-3 Rock left back, recover onto right,
- 4&5 Step left cross right, rock right to side, recover onto left
- 6-7 Rock right forward, recover onto left,
- 8& step right back, step left together
- Part B 40 counts / 1 Wall
- SEC 1 TOUCH OUT, SIDE, CROSS, SIDE, CROSS, UNWIND FULL R, LEFT ROCKING CHAIR DIAGONAL, TOUCH
- 1-2 Touch right toe out, step right to side,
- 3-4 Cross left over right, step right to side,
- 5-6 cross left over right, unwind full R and weight on R (12:00)
- 7& Rock left diagonal left, recover onto right,
- 8&1 Rock left back diagonal, recover onto right, touch left beside right

Me n You One Heart Continues... Page 1 of 2



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#### Me n You One Heart

Continued... Page 2 of 2

#### SEC 2 SIDE, CROSS, SIDE, CROSS, UNWIND FULL L, RIGHT ROCKING CHAIR DIAGONAL, TOUCH

- 2-3-4 Step left to side, cross right over left,
- 5-6 Step left to side, cross right over left, unwind full L and weight on L (12:00)
- 7& Rock right diagonal right, recover onto left,
- 8&1 Rock right back diagonal, recover onto left, touch right beside left

#### SEC 3 SWAY R/L/R, BIG SIDE, DRAG, V-SHAPE OUT, OUT, IN, IN

- 2-3-4 Square up 12:00 and sway R/L/R
- 5-6 big step left to side, drag right towards left
- 7&8& Step right out, step left out, step right in, step left together

#### SEC 4 HOLD, R/L FWD MAMBO, STEP LOCK STEP, MAMBO 1/2 L

- 1 Hold
- 2&3 Press right forward, recover onto left, step right besides left
- 4&5 Press left forward, recover onto right, step left besides right
- 6&7 Step right forward, lock left behind right, step right forward,
- &8& Rock left forward, recover onto right, step left forward & make a 1/2 L (6:00)

#### SEC 5 HOLD, R/L FWD MAMBO, STEP LOCK STEP, MAMBO 1/2 L

- 1 Hold
- 2&3 Press right forward, recover onto left, step right besides left
- 4&5 Press left forward, recover onto right, step left besides right
- 6&7 Step right forward, lock left behind right, step right forward,
- &8& Rock left forward, recover onto right, step left forward & make a 1/2 L (12:00)

