

# **Set Me Free**

48 Count 2 Wall Phrased Intermediate Level Dance.

www.linedancerweb.com www.linedancefoundation.com www.kingshilldanceholidays.com. Choreographed by: Diana Liang (CAN), Rob Fowler (ES) & I.C.E Mar 2021 Choreographed to: Set Me Free by Eden Alene Intro: 24 Counts. Start on vocal at approx 14 secs.

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- PART A 16 Counts / 2 Walls
- SEC 1 FORWARD, HOLD, ROCK, RECOVER 1/4 L, 1/4 L FORWARD, 1/2 L BACK, SWEEP, COASTER WITH SWEEP
- 1,2 Step RF forward, hold
- &3.4 Rock LF forward, recover on RF making 1/4 turn to L, make 1/4 turn to L stepping LF forward (6:00)
- 5,6 Make <sup>1</sup>/<sub>2</sub> turn L stepping RF back, sweep LF back (12:00)
- 7&8 Step LF back, step RF next to LF, step LF forward sweeping RF

#### SEC 2 CROSS, HOLD, & BEHIND, SWEEP, BEHIND, SIDE LUNGE, 1/4 L, 1/4 L HITCH, POINT R

- 1,2 Cross RF over LF, hold
- &3.4 Step LF to L side, step RF behind LF, sweep LF back
- 5,6 LF behind, lunge RF to R side (preparing for turn)
- 7,8& Make ¼ turn to L recovering weight on LF, keeping weight on LF make ¼ turn to L hitching RF, point RF to R side (6:00)

#### PART B 32 Counts / 1 Wall

#### SEC 1 CROSS, SIDE ROCK, RECOVER, CROSS, SIDE ROCK, RECOVER, ½ R TURNING VOLTAS

- 1&2 Step RF forward and across LF, rock LF ball to L side, recover on RF
- 3&4 Step LF forward and across RF, rock RF ball to R side, recover on LF
- Note Counts 1-4 are in the style of samba bota fogos
- 5&6& Cross RF over LF making 1/s to R, step LF ball next to RF, cross RF over LF making 1/s to R, step LF ball next to RF (3:00)
- Cross RF over LF making 1/8 to R, step LF ball next to RF, make 1/8 to R stepping forward on RF(6:00) 7&8

#### CROSS, STEP, POINT, & CROSS, STEP, POINT, ROCK BACK, RECOVER, STEP, ROCK BACK, RECOVER, STEP SEC 2

- 1&2& Cross LF over RF, step RF slightly forward, point LF to L diagonal, step LF in place
- Cross RF over LF, step LF slightly forward, point RF to R diagonal 3&4
- Note Counts 1-4 are in the style of samba carioca run
- 5&6 Rock back on RF, recover on LF, step RF behind LF
- 7&8 Rock back on LF, recover on RF, step LF behind RF
- Note Counts 5-8 are in the style of samba batucadas

#### SEC 3 ROCK BACK, RECOVER, STEP, ROCK BACK, RECOVER, STEP, 1/4 DIAMOND

- 1&2 Rock back on the ball of RF, recover on LF, step RF next to LF
- 3&4 Rock back on the ball of LF, recover on RF, step LF next to RF
- Note Counts 1-4 are in the style of samba stationary walk
- Cross RF over LF, step LF to L side, make 1/s turn R stepping back on RF, hitch LF (7:30) 5&6&
- 7&8 Step LF back, make 1/8 turn R stepping RF to R side, step LF forward (9:00)

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## SEC 4 SIDE R, ROCK BACK, RECOVER, SIDE L, ROCK BACK, RECOVER, <sup>1</sup>/<sub>4</sub> L, HIP BUMPS

- 1&2 Step RF to R side, rock back on ball of LF behind RF, recover on RF
- 3&4 Step LF to L side, rock back on ball of RF behind LF, recover on LF
- Note Counts 1-4 are done in the style of samba whisk)
- 5&6 Make ¼ turn L stepping RF to R side, bump L hip up, bump L hip down
- &7&8 Bump L hip up, bump L hip down, bump L hip up, step LF in place taking weight (6:00)
- Tag: The tag occurs after the 5th repetition of Part B.
- Note To do the tag, please change count 8 of Part B, SEC 4 to bump L hip down keeping weight on RF FULL L TURNING VOLTA
- 1& ¼ turn to L stepping LF forward, step RF ball next to LF
- 2& ¼ turn to L stepping LF forward, step RF ball next to LF
- 3& ¼ turn to L stepping LF forward, step RF ball next to LF
- 4 <sup>1</sup>/<sub>4</sub> turn to L stepping LF forward

Ending: Step forward on RF

