

## **One Day**

www.linedancerweb.com www.linedancefoundation.com www.kingshilldanceholidays.com. 34 Count 4 Wall Intermediate Level Dance.

Choreographed by: Wil Bos (NL) & Regina Cheung (CAN) Mar 2021

Choreographed to: Just One Day by Élage Diouf & Johnny Reid

Intro: 8 Counts. Start on vocal at approx 8 secs.

**Remember to Vote** for your favourite dances in the Linedancer Charts.

SEC 1 1-2& 3 4&5 6&7 8&1	NIGHTCLUB BASIC, ¼ STEP, STEP ½ PIVOT STEP, FULL TURN STEP, MAMBO SWEEP  Step left to left, step right beside left, cross left over right  Turn ¼ right step right forward (3:00)  Step left forward, pivot ½ right transferring weight onto right, step left forward (9:00)  Turn ½ left step right back, turn ½ left step left forward, step right forward (9:00)  Rock left forward, recover weight onto right, step left back sweeping right from front to back
<b>SEC 2</b> 2& 3-4& 5	BEHIND, SIDE, CROSS ROCK, RECOVER, SIDE CROSS, ¾ RUN AROUND, ⅓ MAMBO DRAG Cross right behind left, step left to left Cross rock right over left, recover weight onto left, step right to right Cross left over right
6&7 8&1	Turn ¼ right step right forward, turn ¼ right step left forward, turn ¼ right step right forward (6:00)  Turn ¼ right rock left forward, recover weight onto right, step left back dragging right towards left (7:30)
<b>SEC 3</b> 2&3 4&	RUN BACK, MAMBO BACK, FULL TURN STEP, MAMBO SWEEP Step right back, step left back, step right back Rock left back, recover weight onto right
Restart	Here on Walls 4 & 6, Turn $\frac{1}{8}$ left to restart facing 3:00 on Wall 4 & facing 12:00 on Wall 6
5 6&7 8&1	Step left forward Turn ½ left step right back, turn ½ left step left forward, step right forward (7:30) Rock left forward, recover weight onto right, step left back sweeping right from front to back
<b>SEC 4</b> 2&3 4-5 6&7 &8& 9-10	½ SAILOR TURN, PRESS ROCK, RECOVER, KICK, WEAVE, SIDE ROCK, RECOVER, CROSS, SWAY SWAY  Turn ¼ right cross right behind left, turn ¼ right step left slightly to left, step right forward (1:30)  Press rock left forward, recover weight onto right kicking left forward  Cross left behind right, turn ⅓ right step right to right, cross left over right (3:00)  Rock right to right, recover weight onto left, cross left over  Step left to left swaying left, sway right

