www.linedancerweb.com
www.linedancefoundation.com
www.kingshilldanceholidays.com.

## Can You Hold Me

48 Count 4 Wall Easy Intermediate
Choreographed by: Katrin Gabler \& Misuk La November 2020
Choreographed to: Can You Hold Me by NF feat. Britt Nicole
Intro: 36 Counts, start on lyrics

Remember to Vote for your favourite dances in the Linedancer Charts

## SEC 1 ROCK LEFT FWD, HOLD X2, RECOVER, SIDE ROCK LEFT, RECOVER

1-3 LF rock fwd, bring your right arm up, hold for 2 counts
4 Recover weight back on RF
$5 \quad$ LF rock left
$6 \quad$ Recover weight back on RF
SEC 2 CROSS-SIDE-BEHIND, SIDE, DRAG, TOUCH
1 LF stap across RF
2 RF step aside
3 LF cross behind RF
4 RF make a big step to right
5 LF drag next to RF
6 LF touch next to RF

SEC $311 / 4$ TURN LEFT, STEP, $1 ⁄ 2$ TURN LEFT, REVERSE TWINKLE STEP
$1 \quad \mathrm{LF}$ step $1 / 4$ left fwd
$2 \quad$ RF $1 / 2$ left back
3 LF step $1 / 2$ left fwd
$4 \quad$ RF step fwd
$5 \quad 1 / 2$ left, weight ends on RF (3:00)
6 Hold

SEC 4 RECOVER, ½ SWEEP TURN RIGHT, REVERSE TWINKLE RIGHT
1 Recover weight on LF
2-3 $1 / 2$ sweep turn right on LF, RF sweep back
4 RF cross behind LF
5 LF step aside
$6 \quad$ RF step slightly fwd (10:30)

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## SEC 5 STEP FWD, HOLD X2, RECOVER, BACK X2

1 LF step fwd, raise your right arm
2-3 Hold
4 Recover weight back on RF
5 LF step back
$6 \quad$ RF step back

SEC 6 BASIC WALTZ STEP BACK, STEP , 1/8 SWEEP TURN RIGHT
1 LF step back
2 RF step back
3 LF step next RF
$4 \quad$ RF step fwd
$5-6 \quad 1 / 8$ turn right, sweep LF fwd (12:00)

## SEC 7 CROSS, SIDE, BEHIND, DIAMOND

1 LF cross over RF
2 Step RF to right
3 LF cross behind RF *** Ending
$4 \quad$ RF step $1 / 8$ left back
$5 \quad$ LF step $1 / 8$ left aside ( $9: 00$ )
$6 \quad$ RF step $1 / 8$ left fwd ( $7: 30$ )
SEC 8 DIAMOND, BACK, SPIRAL $3 / 4$ TURN LEFT
1 LF step $1 / 8$ left fwd (6:00)
2 RF step aside
3 LF step back
4 RF step back
5-6 $\quad 3 / 4$ spiral turn left on RF
Ending: Step-change in the 9th wall:
4-6 RF cross behind LF, step RF to right, Hold

