## STEPPIN'OFF



**THEPage** 



Approved by:



## Carmen

4 WALL - 32 COUNTS - IMPROVER			
STEPS	Actual Footwork	Calling Suggestion	DIRECTION
Section 1	Rock, Hold, Recover, Hook, Step, Sweep, Cross, Hitch		
1 – 2	Cross rock (sway) left over right to right diagonal. Hold (weight on left).	Rock Hold	On the spot
3 – 4	Recover (sway) onto right. Hook left across right (still on diagonal). (1:30)	Recover Hook	
5 – 6	Step left forward. Sweep right from back to front (squaring up to 12:00).	Step Sweep	Forward
7 – 8	Cross right over left. Hitch left slightly across right.	Cross Hitch	Left
Note	Count 8: Swivel slightly on ball of right back to 1:30 on hitch.		
Section 2	Cross, Hold, Ball Cross Hold, Rock 1/4 Turn, Step, Hold		
1 – 2	Cross left over right. Hold.	Cross Hold	Right
& 3 – 4	Step ball of right beside left. Cross left over right. Hold.	Ball Cross Hold	
5 – 6	Rock right to side. Recover onto left turning 1/4 left and squaring up to 9:00.	Rock Quarter	Turning left
7 – 8	Step right forward. Hold.	Step Hold	Forward
Restart	Wall 7: Restart dance from the beginning (facing 3:00).		
Section 3	Step, Pivot 1/2, Step, Hold, Forward Rock, Back, Hold		
1 – 2	Step left forward. Pivot 1/2 turn right. (3:00)	Step Pivot	Turning right
3 – 4	Step left forward. Hold.	Step Hold	Forward
5 – 6	Rock forward on right. Recover onto left.	Rock Forward	On the spot
7 – 8	Step right back. Hold.	Back Hold	Back
Section 4	Walk Back x 2, Touch Behind, Unwind 1/2, Rolling Full Turn, Drag		
1 – 2	Walk back on left. Walk back on right.	Left Right	Back
3 – 4	Touch ball of left behind right. Unwind 1/2 turn left (weight onto left). (9:00)	Behind Unwind	Turning left
Styling	Counts 3 - 4: Dip slightly on touch behind, straighten knees on unwind.		
5 – 6	Turn 1/4 left and step right back. Turn 1/2 left and step left forward.	Quarter Half	
7 – 8	Turn 1/4 left and step right to right side. Drag left to touch beside right. (9:00)	Quarter Drag	
Option	Counts 5 - 7: Replace full turn with grapevine right		

Choreographed by: Tina Summerfield (UK) April 2012

Choreographed to: 'Carmen' by Gene Watson (114 bpm) from CD Best of the Best -

25 Greatest Hits; download available from amazon.co.uk or iTunes

(32 count intro)

**Restart:** One Restart during Wall 7



A video clip of this dance is available at www.linedancermagazine.com