

# Hand To Hold

32 Count 4 Wall Beginner Choreographed by: Marie Pietersz (Aus) Aug 2020 Choreographed to: Hand To Hold By: Nashville Cast (Clare Bowen & Charles Esten) Intro: Start after 10 beats on vocals.

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#### SEC 1 VINE TO THE R, POINT HEEL DIAGONAL AND CLAP, REPEAT TO L

- 1-4 Step R to side forward, L behind R, R to side, point L heel forward diagonal and
- 5-8 Step L side forward, R behind L, L to side, point R heel forward diagonal and clap
- Fun option Shuffle to R, rock back, recover, Shuffle to L, rock back, recover.

### SEC 2 TOE POINTS R FOOT FORWARD, POINT IN, OUT, IN, OUT, REPEAT WITH L FOOT

- 9-12 Step R forward pointing toe inside, outside, inside, outside
- 13-16 Step L forward pointing toe inside, outside, inside, outside

Fun option 1 Twist heels - Step R forward, twist both heels, step L forward, twist both heels

- Fun option 2 Kick R forward x 2, step tog and shuffle, Kick L forward x 2, step tog and shuffle
- SEC 3 HIGH LIFTS POINT R TOE DIAGONALLY, HIGH LIFT, RECOVER, PLACE R NEXT TO L, REPEAT TO L SIDE
- 17-20 Step R heel forward, high hitch with R, return R heel forward, bring R back tog with L
- 21-24 Step L heel forward, high hitch with L, return L heel forward, bring L back tog with R

#### SEC 4 SHIMMY FORWARD, BACK, FORWARD, TURN 1/4 L

- 25-28 Step R forward and shimmy with shoulders (1,2), recover back and shimmy (3,4)
- 29-32 Step R forward and shimmy (1,2), turn <sup>1</sup>/<sub>4</sub> L step on L and bring R together.

(Optional Restart 1 - 5<sup>th</sup> wall facing 12.00 after count 16 (Optional Restart 2 - 10<sup>th</sup> wall facing 12.00 after count 24)

(To end dance, it is different with the restart options, but turn to 12.00 on count 31 and step together on count 32)

No restarts (or 1 or 2 restarts), the music will tell you.

Alternative music: You Ain't Dolly by the Nashville cast (Clare Bowen and Chris Carmack) (No restarts or tags)

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