

# Mandale

www.linedancerweb.com www.linedancefoundation.com www.kingshilldanceholidays.com. 32 Count. 4 Wall. Improver Choreographed by Amanda Rizzeloo (France) Aug 2020 Choreographed to Mandale by Kamaleon Intro: 16 Counts.

# Remember to Vote for your favourite dances in the Linedancer Charts.

## SEC 1 MAMBO FORWARD, MAMBO BACK, CROSS ROCK, SIDE ROCK, BEHIND, SIDE, CROSS

- 1&2 RF Rock forward, recover onto LF, RF step back
- 3&4 LF Rock backward, recover onto RF, LF step forward
- 5&6& Cross rock RF over LF. Recover weight LF.Rock RF to right side .Recover weight LF
- 7&8 RF cross behind LF, LF step side, RF cross over LF

#### SEC 2 1/4 TURN POINT X2, STEP LOCK STEP, STEP, TOGETHER, SHUFFLE

- 1-2 Turn 1/4 right pointing LF to left, Turn 1/4 right pointing LF to left
- 3&4 Step LF forward, Lock RF behind LF, Step LF forward
- 5-6 Step RF to right, Step LF next to RF
- 7&8 Step RF to right, Step LF next to RF, Step RF to right

## SEC 3 SIDE, CLOSE, SIDE, TOUCH, FWD RUN 3X HITCH, BACK RUN 3X HITCH

- 1-2 Step LF to left, Close RF next to LF (as you do these counts bring arms in front of chest and pop chest twice)
- 3-4 Step LF to left, touch RF next to LF (as you do these counts bring arms in front of chest and pop chest twice)
- 5&6 Run forward R-L-R as you Hitch LF
- 7&8 Back L-R-L as you Hitch RF

#### SEC 4 MAMBO SIDE X2 ,SHUFFLE, SHUFFLE 1/4 TURN

- 1&2 RF Rock right, recover onto LF, RF step together
- 3&4 LF rock left, recover onto RF, LF step together
- 5&6 Step RF to right, Step LF next to RF, Step RF to right
- 7&8 1/4 turn L & Step LF to left, Step RF next to LF, Step LF to left

No tag No Restart ! Have fun :) Contact amanda\_19@hotmail.fr

