

www.linedancerweb.com

www.linedancefoundation.com www.kingshilldanceholidays.com.

## Pick Her Up

64 Count. 2 Wall. Improver/Intermediate
Choreographed by Darren Bailey June 2020
Choreographed to Pick Her Up by Hot Country Knights
Ft.Travis Tritt (Radio Edit)

Intro: 16 Counts. Restart Wall 5 after 56 Counts (12:00)

Remember to Vote for your favourite dances in the Linedancer Charts.

| <b>SEC 1</b> 1-2 3-4 5-6 7-8                 | R VINE WITH CROSS, POINT R, CROSS, POINT L, CROSS Step RF to R side, Cross LF behind RF Step RF to R side, Cross LF in front of RF Point RF to R side, Cross RF in front of LF Point LF to L side, Cross LF in front of RF  |
|--|---|
| <b>SEC 2</b> 1-2 3-4 5-6 7-8                 | HEEL GRIND WITH 1/4 TURN R, ROCK BACK, RECOVER HEEL GRIND WITH 1/4 TURN R, ROCK BACK, RECOVER Place R heel forward, Fan R toe out turning 1/4 R and stepping LF back (facing 3:00) Rock RF back, Recover forward onto LF Place R heel forward, Fan R toe out turning 1/4 R and stepping LF back (facing 6:00) Rock RF back, Recover forward onto LF   |
| <b>SEC 3</b> 1-2 3-4 5-6 7-8                 | STEP (CLAP), SWEEP (CLICK), CROSS, SIDE, BEHIND (CLAP), SWEEP (CLICK), BEHIND, SIDE Step RF forward/clap, Sweep LF from back to front/click fingers L hand low R hand high Cross LF in front of RF, step RF to R side Cross LF behind RF/clap, Sweep RF from front to back/click fingers R hand low L hand high Cross RF behind LF, Step LF to L side |
| <b>SEC 4</b> 1-2 3-4 5-6 7-8                 | STOMP R, STOMP L, SWIVET R, SWIVET L, STOMP R, STOMP L Stomp RF forward, Stomp LF next to RF Twist both toes to R (weight on Heel of RF and ball of LF), Return to centre Twist both toes to L (weight on Heel of LF and ball of RF), Return to centre Stomp RF forward, Stomp LF next to RF  |
| <b>SEC 5</b> 1-2 3-4 5-6 7-8                 | ROCKING CHAIR WITH RF, 1/2 TURN PIVOT L, 1/2 TURN PIVOT L Rock RF forward, Recover onto LF Rock RF back on RF, Recover onto LF Step RF forward, Pivot 1/2 turn L (facing 12:00) Step RF forward, Pivot 1/2 turn L (facing 6:00)   |
| <b>SEC 6</b> 1-2 3-4 5-6 7-8                 | R VINE WITH TOUCH, SIDE L, CLOSE, FORWARD, HOLD Step RF to R side, Cross LF behind RF Step RF to R side, Touch LF next to RF Step LF to L side, Close RF next to LF Step LF forward, Hold   |
| SEC 7<br>1-2<br>3-4<br>5-6<br>7-8<br>Option: | CHASE 1/2 TURN TO L, HOLD, FORWARD L, R, L, HOLD Step RF forward, Pivot 1/2 turn L (facing 12:00) Step RF forward, Hold Step LF forward, Step RF forward Step LF forward, Hold On counts 5-7 you can make a full turn R travelling forward  |
| Restart:                                     | Here on Wall 5 facing 12.:00  |

riestart: Fiere on Wan 9 lacing 12...00

## SEC 8 OUT, OUT, IN, CROSS, SIDE R, TOUCH BEHIND, 1/2 TURN L WITH 2 BOUNCES

- 1-2 Step RF out, Step LF out
- 3-4 Step RF in, Cross LF in front of RF
- 5-6 Step RF to R side, Touch LF behind RF
- 7-8 Make 1/4 turn L (with Bounce), Make 1/4 turn L (with Bounce) weight finishes on LF (facing 6:00)

