

Ride The Beat

48 Count. 4 Wall. Low Intermediate Choreographed by: ESW Winson & Penny Tan (Malaysia) July 2018 Choreographed to: Ride The Beat by MDPC Intro: 16 Counts. Approx 9 Secs.

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SEC 1 1a2 3a4 5a6 7a8	R-L BACK SAMBA, R BACK, L&R KNEE POP, L COASTER STEP Weight on LF: Cross RF behind LF (1), rock LF to L side (a), recover weight on RF (2) 12.00 Cross LF behind RF (3), rock RF to R side (a), recover weight on LF (4) 12.00 Step RF back (5), pop both knees forward (a), drop both heels down (6) 12.00 Step LF back (7), close RF beside LF (a), step LF forward (8) 12.00
SEC 2 1a2 3a4 5a6 7-8	1/4 (R) WITH R CROSS SHUFFLE, 1/2 (L) L CROSS SHUFFLE, R SCISSORS CROSS, L SIDE & R DRAG, R TOUCH Turn 1/4 R crossing RF over LF (1), step LF to L side (a), cross RF over LF (2) 3.00 Turn 1/2 L crossing LF over RF (3), step RF to R side (a), cross LF over RF (4) 9.00 Step RF to R side (5), close LF next to RF (a), cross RF over LF (6) 9.00 Step LF to L side dragging R toes towards LF (7), touch RF next to LF (8) **** 9.00
Restart	here on Wall 3, facing 3.00 o'clock.
SEC 3	R CROSS ROCK, RECOVER, R SIDE ROCK, RECOVER, R SAILOR ½ (R), L SIDE POINT WITH HIPS BUMPED, R WEAVE
1a2a 3a4 5a6 7a8	Cross rock RF over LF (1), recover weight on LF (a), rock RF to R side (2), recover weight on LF (a) 9.00 Turn ½ crossing RF behind LF (3), step LF to L side (a), cross RF over LF (4) 3.00 Point L toes to L side bumping hips L side (5), bump hips to R side (a), step LF in place bumping hips to L (6) 3.00 Cross RF behind LF (7), step LF to L side (a), cross RF over LF (8) 3.00
SEC 4 1a2 3a4 5-6 7a8	L-R SAMBA WHISKS, ¼ (L) WITH L FORWARD, ½ (L) WITH R BACK, L COASTER STEP Step LF to L side (1), rock RF behind LF (a), recover weight on LF (2) 3.00 Step RF to R side (3), rock LF behind RF (a), recover weight on RF (4) 3.00 Turn ¼ L stepping LF forward (5), turn ½ L stepping RF back (6) 6.00 Step LF back (7), close RF beside LF (a), step LF forward (8) 6.00
SEC 5 1a2 3a4 5a6a 7a8a	R-L FORWARD SHORTY GEORGE, R KICK BALL, L BACK ROCK & RECOVER, L KICK BALL, R BACK ROCK & RECOVER Run forward on RF-LF-RF with knees bent and slightly swivelLing to the sides (1a2) 6.00 Run forward on LF-RF-LF with knees bent and slightly swiveLling to the sides (3a4) 6.00 Kick RF forward (5), step RF in place (a), rock LF back (6), recover weight on RF (a) 6.00 Kick LF forward (7), step LF in place (a), rock RF back (8), recover weight on LF (a) 6.00
SEC 6	R-L HEEL TWIST WITH L HOOK, L-R HEEL TWIST WITH R HITCH, 1/4 (R) WITH R CROSS SAMBA, L CROSS SAMBA

- 1a2 Twist both heels to R side (1), twist both heels to L side (a), twist both heels to R side hooking LF over R knee (2) 6.00
- Twist both heels to L side (3), twist both heels to R side (a), twist both heels to L side lifting RF up beside LF (4) 6.00 3a4
- 5a6 Turn 1/4 R crossing RF over LF (5), rock LF to L side (a), recover weight on RF (6) 9.00
- 7a8 Cross LF over RF (7), rock RF to R side (a), recover weight on LF (8) 9.00

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