

Five Hundred (500)

www.linedancerweb.com www.linedancefoundation.com www.kingshilldanceholidays.com. 32 Counts 4 Walls High Beginner
Choreographed by Ole Jacobson Ft. Nina K. (May 2020)
Choreographed to: I'm Gonna Be (500 Miles)
By The Proclaimers
Intro 32 Counts (Shortly before singing starts)

Remember to Vote for your favourite dances in the Linedancer Charts.

(1-8)	CROSS ROCK, CHASSE R, CROSS ROCK, SHUFFLE TURN 1/2 LEFT
1-2	Cross RF over LF - Weight recover LF
3&4	RF step to the right - Step LF next to RF - Step RF to right
5-6	Cross LF over RF - Weight recover RF
7&8	1/4 turn left, LF step to the left - Step RF next to LF - 1/4 turn left, LF step forward
(9-16)	ROCK, RECOVER, SHUFFLE 1/2 TURN R, 1/4 TURN R, 1/4 TURN R, COASTER STEP
1-2	RF step forward - Weight recover LF
3&4	1/4 turn right, RF step to the right - Step LF next to RF - 1/4 turn right, RF step forward
5-6	1/4 turn right, LF step to the left - 1/4 turn right RF step back
7&8	LF step back - RF next to LF - LF step forward
(17-24)	CROSS, RECOVER, TOGETHER, CROSS, RECOVER, TOGETHER, HEEL SWITCHES (L + R), WALK, WALK
1-2	Cross RF over LF - Weight back to LF
&	RF next to LF
3-4	Cross LF over RF - Weight back to RF
&	LF next to RF
5&6	Tap R heel forward - place RF next to LF - tap L heel forward
&	LF next to RF
7-8	RF step forward - LF step forward
(25-32)	SHUFFLE FORWARD, 1/4 TURN R, SHUFFLE A CROSS, SIDE, RECOVER
1&2	RF step forward – Step LF next to RF – RF step forward
3-4	LF step forward - 1/4 R turn (Weight recover RF)
5&6	Cross LF over RF - Step RF next to the LF - Cross LF over RF
7-8	RF step to right – Weight back to LF
	and from the beginning
TAG:	7th & 10th wall (3:00)
	7th.Wall At the end (8 counts)
	JAZZ BOX, SIDE, RECOVER, DIAGONAL WALK (R + L)
1-4	Cross RF over LF - Step LF back - Step RF right - Cross LF over RF
5-8	RF step right - weight back to LF - 1/8 L turn, RF step forward - LF step forward
	10th.Wall After the first 8 counts, (6 counts then restart)
	JAZZ BOX, SIDE, RECOVER AND RESTART
1-4	Cross RF over LF - Step LF back - Step RF right - Cross LF over RF
5-6	RF step right - weight back to LF

