

Four Minutes

www.linedancerweb.com www.linedancefoundation.com www.kingshilldanceholidays.com. 64 Count, 2 Wall, Improver
Choreographed by:
Hayley Wheatley (UK) & Grégory Danvoie (B) (Mar 2020)
Choreographed to:
Four Minutes By Chad Cooke Band

Remember to Vote for your favourite dances in the Linedancer Charts.

SEC 1 1-2 3&4 5-6 7&8	SIDE STEP, BEHIND, SHUFFLE FORWARD ¼ TURN, STEP FORWARD, PIVOT ½ TURN, SHUFFLE BACK WITH ½ TURN RF step to the side, LF cross behind RF RF shuffle forward with ¼ turn to the R LF step forward, pivot ½ turn to the R LF shuffle back with ½ turn to the R
SEC 2	STEP BACK X 2, COASTER CROSS, SIDE ROCK, RECOVER, CROSS SHUFFLE
1-2	RF step back, LF step back
3&4	RF coaster cross
5-6	LF side rock, recover
7&8	LF cross shuffle
SEC 3	FIGURE EIGHT
1-2	RF step to the side, LF cross behind RF
3-4	RF step forward with ¼ turn to the R, LF step forward
5-6	Pivot ½ turn to the R, LF step to the side with ¼ turn the R
7-8	RF cross behind LF, LF step to the side
SEC 4	CROSS ROCK, RECOVER, SIDE CHASSE, CROSS ROCK, RECOVER, SHUFFLE WITH 1/4 TURN
1-2	RF cross rock, recover
3&4	RF side chassé
5-6	LF cross rock, recover
7&8	LF side chassé with ¼ turn to the L
SEC 5	STEP FORWARD, TOUCH, SHUFFLE ½ TURN X2, SWAY WITH ¼ TURN, RECOVER
1-2	RF step forward, LF touch next to RF
3&4	LF shuffle forward with ½ turn to the L
5&6	RF shuffle back with ½ turn to the L LF sway to the L with ¼ turn to the L, recover
7-8	LF Sway to the L with 74 turn to the L, recover
SEC 6	WEAVE WITH ¼ TURN, CROSS, STEP BACK WITH ¼ TURN, SIDE CHASSE
1-2	LF cross in front of RF, RF step to the side
3-4	LF cross behind RF, RF step forward with ¼ turn to the R
5-6	LF cross in front of RF, RF step back with ¼ turn to the L
7&8	LF side chassé
SEC 7	ROCK FORWARD, RECOVER, STEP BACK, TOGETHER, SHUFFLE FORWARD, STEP FORWARD, PIVOT $1/2$ TURN
1-2	RF rock forward, recover
3-4	RF step back, LF step next to RF
5&6	RF shuffle forward
7-8	LF step forward, pivot ½ turn to the R
SEC 8	STEP FORWARD, PIVOT ¼ TURN, CROSS ROCK, RECOVER, SIDE ROCK, RECOVER, BEHIND, SIDE, CROSS
1-2	LF step forward, pivot ¼ turn to the R
3-4	LF cross rock, recover
5-6	LF side rock, recover
7&8	LF cross behind RF, RF step to the side, LF cross in front of RF
TAG	
1-2	RF side rock, recover
3-4	RF back rock, recover
	and 6 after the 2 nd section: TAG & RESTART the dance after the 6 th section: TAG & RESTART the dance

