

Only One Thing

32 Count, 4 Wall, Improver Choreographer: Lisa McCammon (USA) Feb 2020 Choreographed to: Nobody But You by Blake Shelton & Gwen Stefani. CD: Fully Loaded, God's Country

70bpm; 8 count intro; clockwise rotation; start weight on L

Sequence: 32, 32, 8, 32, 32, 26, 32, 25

Section 1 BACK/SWEEP, TRIPLE BACK/SWEEP, COASTER STEP, TRIPLE FORWARD, ROCK, RECOVER 1 Step back R whilst sweeping L back 2&3 Step back L, close R, step back L whilst sweeping R back 4&5 Step back R, close L, step forward R Step forward L, close R step forward L 6&7 Rock forward R, recover L ***RESTART #1 8& Section 2 TURN RIGHT ¼ INTO NC BASIC R, NC BASIC L, SWAY, SWAY, JAZZ BOX CROSS Turn right 1/4 [3] stepping side R 1 2&3 Step L behind, cross R, step L to side Step R behind, cross L 4& 5-6 Step R to side swaying R, sway L (open slightly to left diagonal to prep cross step) 7&8& Cross R, step back L, step R to side, cross L (prep turn left) Section 3 TURN, SIDE-CLOSE-TURN, SIDE-CLOSE-TURN, SIDE-CLOSE-TURN-BALL-STEP This series makes a box and ends at the same wall where it starts; Note: turns are on 1, 3, 5 &7 1,2& Turn left 1/4 [12] stepping back R, step L to side, close R 3.4& Turn left ¹/₄ [9] stepping forward L, step R to side, close L 5.6& Turn left 1/4 [6] stepping back R, step L to side, close R Turn left 1/4 [3] stepping forward L, close R, step forward L 7&8 The rhythm changes for 7&8; it may helpful to think of this as "turn-cha-cha." Hint: ROCK, RECOVER-&-ROCK-&-ROCK-&-COASTER STEP, ROCK-&-ROCK-& Section 4 Rock forward R, recover L ***RESTART #2 1-2 &3&4& Close R, rock forward L, recover R, rock side L, recover R Step back L, close R, step forward L 5&6 Rock forward R, recover L, rock side R, recover L 7&8& ***RESTART#1 DURING the 3rd repetition after 8 counts, facing 6:00.

***RESTART #2 DURING the 6th repetition after 26 counts, starting at 12:00 and restarting facing 3:00.

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