

Can't Control Your Feet

64 Count, 2 Wall, Intermediate Choreographer: Neville Fitzgerald & Julie Harris (UK) Jan 2020

Choreographed to: No Strings Attached by Swingrowers

Start 48 Counts on Vocals.

Section 1 Cross, Touch, Kick, Behind Side, Cross, 1/4, 1/2 Shuffle.

1-3 Cross step Left over Right, touch Right next to Left, kick Right into Right diagonal 4&5 Cross step Right behind Left, step Left to Left side, cross step Right over Left.

6 Make 1/4 turn Right stepping back on Left. (3.00)

7&8 1/4 turn Right stepping Right to side, step Left next to Right, 1/4 turn Right stepping forward on Right. (9.00)

Section 2
Sway, Sway, Sway, Back, 1/4 Rock, Recover, Back.
1-2
Push Left hip forward, recover Right pushing Right hip back.
3-4
Push Left hip forward, recover Right pushing Right hip back.
Step back on Left, make 1/4 turn Right rocking Right to side. (12.00)
7-8
Recover on Left, step back on Right sweeping Left out to side.

Section 3 Behind, Side, Cross, 1/4 Cross Shuffle, Side, Touch, Kick Ball Cross.

1-3 Cross step Left behind Right, step Right to Right side, cross step Left over Right.

4&5 Make 1/4 turn to Right cross stepping Right over Left, step Left to side, cross step Right over Left. (3.00)

6-7 Step Left to Left side, touch Right next to Left.

8&1 Kick Right to Right diagonal, step Right next to Left, cross step Left over Right.

Section 4 1/4, 1/2 Shuffle, Rock, Recover, Coaster Step. 2 Make 1/4 turn Left stepping back on Right. (12.00)

3&4 1/4 turn Left stepping Left to side, step Right next to Left, 1/4 turn Left stepping forward on Left. (6.00)

5-6 Rock forward on Right, recover on Left

7&8 Step back on Right, step Left next to Right, step forward on Right.

Section 5 Heel. Hold, Ball Walk, Walk, Kick Ball Step, Skate Skate.

1-2 Touch Left heel forward, Hold.

&3-4 Step Left next to Right, Walk forward Right-Left

5&6 Kick Right slightly out to Right corner, step Right next to Left as you dip down, step forward on Left.

(Shorty George)

7-8 Walk forward (skating) Right-Left.

Section 6 Hitch, Back, Back, Together, Step, 1/4 Cross Shuffle, Side

1-2 Hitch Right knee, step back on Right.

3-5 Step Left next to Right, step forward Right, step forward (slow coster step)

6&7 Make 1/4 turn Right cross stepping Right over Left, step Left to side, cross step Right over Left. (9.00)

8 Step Left to Left side. *R*

Section 7 Together, Cross, 1/4, 1/2 Shuffle, Step 1/2 Step.

1-3 Step Right next to Left & at same time flick/kick Left out to side with small jump (pendulum swing),

cross step Left over Right, make 1/4 turn Left stepping back on Right. (6.00)

4&5 1/4 turn Left stepping Left to side, step Right next to Left, 1/4 turn Left stepping forward Left. (12.00)

6-8 Step forward Right, pivot 1/2 turn Left, step forward Right. (6.00)

Section 8Rocking Chair, Step 1/2, Step 1/2.1-2Rock forward on Left, recover Right.3-4Rock back on Left, recover Right.5-6Step forward on Left, pivot 1/2 turn Right.7-8Step forward on Left, pivot 1/2 turn Right.

Restart Wall 5 Dance Up To & Including count 7 Section 6 then HOLD restart from Beginning:)

Tag: End of Wall 6 facing 12.00

1-2 Cross rock Left over Right, recover Right using hips:)
3-4 Cross rock Left over Right, recover Right using hips:)

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