

5-8

Beat Of Your Heart

64 Count, 2 Wall, Intermediate Choreographer: Sam Arvidson (USA), Toshiko Kawamoto & Yu Sugawara (JP) Nov 2019

Choreographed to: Beat Of Your Heart by Hayley Westenra

[1-16] 1-4 5-8	HALF RUMBA BOX, 1/4 TURN R, 1/4 TURN R, SIDE-CLOSE-SWAY Step L side left, Close R next to L, Step L forward, Hold Step R side right, Close L next to R, 1/4 Turn right and Step R forward, Hold
1-4 5-8	Step L forward, 1/4 Turn right (weight on R), Cross step L over R, Hold Step R side right, Close L next to R, Step R side right and sway, Hold
[17-32] 1-4 5-8	HALF RUMBA BOX, 1/4 TURN R, 1/4 TURN R, WEAVE Step L side left, Close R next to L, Step L forward, Hold Step R side right, Close L next to R, 1/4 Turn right and Step R forward, Hold
1-4 5-8	Step L forward, 1/4 Turn right (weight on R), Cross step L over R, Hold Step R side right, Step L behind R, Step R side right, Hold
[33-48] 1-4 5-8	CHECK x2,SPIRAL, RUN x2, SWEEP, CROSS, BACK Cross rock L over R, Recover on R, Step L side left, Hold Cross rock R over L, Recover on L, Step R side right and 1/8 turn right (face 1:30), Hold
1-4 5-8	Step L forward (toward 1:30), Spiral full turn right on L, Step R forward, Step L forward Step R forward, Sweep L from back to front, Cross step L over R, Step R back
[49-64] 1-4 5-8	SIDE-CLOSE-SIDE, WALK, ROCK-RECOVER, SWEEP x2, 1/2 TURN L 1/8 turn left (face 12:00) and Step L side left, Close R next to L, Step L side left, Hold 1/8 turn left (face 10:30) and Step R forward, Hold, Rock L forward, Recover on R
1, 2 3, 4 5, 6, 7	Step L back and 1/8 turn right (face 12:00) as Sweeping R from front to back Step R back and Sweep L from front to back, Touch L back 1/2 Turn left and put weight on L, Hold, Hold Close R next to L
TAG: [1-8] 1-4	After 1st wall (facing 6:00), add 8 count tag as follows: SWIVEL x2 Swivel slowly to left on ball of R and Step L diagonally forward left



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Swivel slowly to right on ball of L and Step R forward

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