

# Rise

32 Count, 4 Wall, Beginner Choreographer: Marianne Langagne (FR) Jul 2019 Choreographed to: Rise by Caroline Jones

### Intro: 16 counts

## S1 Tap, Kick, Coaster Step, Rock Fwd, Back Triple

- 1-2 Tap R Ball, Kick RF FWD
- 3 & 4 RF back & together, RF FWD
- 5-6 LF FWD, recover on RF
- 7 & 8 LF back & together, LF back
- S2 Twist Turn <sup>1</sup>/<sub>2</sub>, Side Rock Cross with R <sup>1</sup>/<sub>4</sub> Turn, Point on R Side Fwd R Side
- 1-2 R Ball behind LF, Right ½ turn (weight on RF) 6 o'clock

## (Restart -2 and 3 but after 1/2 turn weight on LF)

- 3-4 LF FWD, R ¼ turn recover on RF 9 o'clock
- 5-6 Cross LF over RF, R point to the Right
- 7-8 R point FWD, R point to the right

#### (Restart 1)

## S3 Rock Back, Side Triple, Rock Back, Step Fwd, R 1/2 Turn

- 1 2 RF back, recover on LF
- 3 & 4 RF to the right & LF next to RF, RF to the right
- 5-6 LF back, recover on RF
- 7-8 LF FWD, R ½ turn (weight on RF) 3 o'clock

### S4 Full Turn, Walk L-R, Triple Fwd, Bounces with R 1/4 Turn

- 1-2 R  $\frac{1}{2}$  turn LF back, R  $\frac{1}{2}$  turn RF FWD
- 3-4 Walk L, Walk R
- 5 & 6 LF FWD & together, LF FWD
- 7-8 2 Bounces with R <sup>1</sup>/<sub>4</sub> turn (weight on LF)

## Have fun!!!

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