

Website: www.linedancerweb.com Email: admin@linedancerweb.com

## **Trampoline**

## INTERMEDIATE 32 Count 4 Walls

Choreographed by: Lucy Cooper Choreographed to: Trampoline by Zayn and Shaed

Intro: 4 counts (Start on "Dreams")

Side, Pose, Hold, Side, Cross, Side rock (on toes), Recover, Cross, Side, Behind, Side Step right to side, sit down into right hip bending left knee with left heel raised (alternatively you can
strike any pose!) Hold, step left to side, cross right over left Rock left to left side up on your toes and pointing right to right side, lower back down onto the right,
cross left over right Step right to side sweeping left back, cross left behind, step right to side
Forward rock (on toes), Recover, Back, $\frac{1}{2}$ R stepping forward, Forward with sweep, Rock, Recover, $\frac{1}{2}$ T
Rock left to right diagonal up on toes pointing right toe out behind, recover back down onto the right Step back onto the left, step right forward turning ½ right, step left forward sweeping right round to the front (6.00)
Rock right forward, recover to left, step right forward turning ½ right (12.00)  Step left forward, full turn left stepping right left (12.00)
Side drag, Back rock, Recover, Side Drag, Back rock, Recover, Step, Heel lift, Back, Back with hitch
Step right to side, rock left behind, recover onto right Step left to side, rock right behind, recover onto left (restart here wall 2) Step right forward lift both heels off the floor with bent knees, recover weight on the left, step back onto the right
Step left back hitching right up and back, cross right behind left, recover onto left
Forward, Pivot ½ R, Step, ¾ Turn L with Hook, Step sweep, Step sweep, Rock, Recover, Back drag
Step right forward, step left forward ½ pivot right (6.00) Step left forward, step right slightly to the side and hook the left in turning ¾ left (9.00) Step left forward sweeping the right round to front, step right forward sweeping the left round to front Rock left forward, recover onto right, big step back on the left dragging the right toe in
RESTART and TAG  Dance the first 20 counts then restart the dance again  At the end of the wall, perform the 4 count tag, then begin wall 5
TAG: ¼ R side step R, ¼ R side step L, ¼ R side step R, ¼ R side step L Turn ¼ right stepping right to side, turn ¼ right stepping left to side Turn ¼ right stepping right to side, turn ¼ right stepping left to side
ENDING
Wall 6 ends at 9.00. You can do step turns like the tag to face the front wall and finish