

# Yesterday

49 Count, 2 Wall, Phrased Advanced Choreographer: Alan Birchall and Jacqui Jax (UK) Sep 2019 Choreographed to: Yesterday by The Beatles

Sequence: A.A.B.A.B.A. Ending

Start: On Lyrics Seconds: 5 Counts: 8

Note: This dance is lyrically driven - feel the song & enjoy

#### Part 'A'

- S1 Cross, Side, In Place, Cross, 3/4 Turn, Press, Recover, Back Sweeps
- 1&2 Cross left over right, step right to right, close left in place "Yesterday..."
- 3&4 Cross right over left, make ¼ turn right stepping back on left, make ½ turn right stepping forward on right "All My..." 09:00
- 5-6 Press forward on left, recover on right sweeping left "Troubles Seemed..."
- 7-8 Step back on left sweeping right, step back on right sweeping left "So Far Away..."
- S2 Rock, Recover, ¾ Turn, Cross, Side, In Place, Cross, Side, Behind, Sweep, Rock, Recover, Step, Drag
- 1-2 Rock back on left, recover on right "Now...".
- &3 Make ½ turn right stepping back on left, make ¼ turn right stepping right to right "It Looks As Though They're..." 06:00
- 4&5 Cross left over right, step right to right, close left in place "Here To Stay..."
- 6&7& Cross right over left, step left to left, cross right behind left slowly sweeping left "Oh I Believe..."
- 8&1 Rock back on left, recover on right, take a big step to left dragging right to left "In Yes-ter-day"

## End: Cross, Side, In Place, Cross, Full Turn, Cross, Sweep, Touch

- 1& Cross left over right, step right to right, close left in place "mm mm mm mm..."
- 2&3 Cross right over left, make ¼ turn right stepping back on left, make ½ turn right stepping forward on right
- 84 Stepping forward on left make ¼ pivot right, cross left over right, sweep right & touch right by left "mm mm mmmm..." 12:00

#### Part 'B'

- S1 ¼ Fallaway Turn, Step, Step, Full Spiral Turn
- 1-2-3 Cross left over right to diagonal, step right to right, turning slightly left step back on left "Why..." 10:30
- 4-5 Step back on right, turning slightly left step left to left "She..." 09:00
- 6-7-8 Step forward on right, step forward on left, make full spiral turn left stepping forward on right "Had To Go..."

#### S2 Step, Rock, Recover 1<sup>3</sup>/<sub>4</sub> Turn

- 1-2 Step forward on left, rock forward on right " I Don't..."
- 3-4 Recover on left, make ½ turn right stepping forward on right "Know She..." 03:00
- 5-6 Make ½ turn right stepping back on left, make ½ turn Right Stepping Forward On Right "Wouldn't..."
- 7-8 Stepping Forward On Left Make 1/4 Pivot Right "Say..." 06:00

### S3 Cross Point, Back Point, Jazz Box, Cross

- 1-2 Cross left over right, point right to right " I..."
- 3-4 Cross right behind left, point left to left "Said..."
- 5-6 Cross left over right, step back on right "Something..."
- 7-8 Step left to left, cross right over left "Wrong Now..."

#### S4 Step. Lock. Hold. Rock. Recover. 11/2 Turn

- &1-2 Step left to left, lock right behind left (on balls of both feet), hold "I Long..."
- &3-4 Step left to left, cross rock right over left, recover on left "For Yes..."
- 5-6 Make ¼ turn right stepping forward on right, make ½ turn right stepping back on left "ter...." 03:00
- 7-8 Make ½ turn right step forward on right, stepping forward on left make ¼ pivot right "day...ay-ay-ay"

#### Start Again



, 166 Lord Street, Southport, United Kingdom, PR9 0QA Tel: +44 (0)1704 392300 Fax: +44 (0)871 900 5768 charged at 10p per minute