

# **I Promise**

32 Count, 2 Wall, Beginner Choreographer: Micaela Svensson Erlandsson (SE) Sep 2019 Choreographed to: This I Promise You by Ronan Keating

Intro: 32 counts.

Easy Tag + Restart: Wall 9, facing 12 o'clock (Sway right. Sway left.) Then start over.

S1 Walk, Walk, Mambo Step, Back, Back, Mambo C	ross
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- 1-2 Walk forward on right. Walk forward on left.
- 3&4 Rock forward on right. Recover onto left. Step back on right.
- 5-6 Step back on left. Step back on right.
- 7&8 Rock back on left. Recover onto right. Step Cross left over right.

## S2 Right Rock. Cross Shuffle. Left Rock. Cross Shuffle.

- 1-2 Rock right to right side. Recover onto left.
- 3&4 Cross right over left. Step left to left side. Cross right over left.
- 5-6 Rock left to left side. Recover onto right.
- 7&8 Cross left over right. Step right to right side. Cross left over right.

#### Easy Tag (& Restart) here: On wall 9 (Facing 12 O'clock) Sway right. Sway left & Restart

#### S3 Side. Together. Forward Shuffle. Side. Together. Back Shuffle.

- 1-2 Step Right to right side. Close left beside right taking weight.
- 3&4 Step forward on right. Close left beside right. Step forward on right.
- 5-6 Step left to left side. Close right beside left taking weight.
- 7&8 Step back on left. Close right beside left. Step back on left.

### S4 Back. Back. Coaster Step. Step ½ Turn Right. Forward Shuffle

- 1-2 Walk back on right. Walk back on left.
- 3&4 Step back on right. Close left beside right. Step forward on right.
- 5-6 Step forward on left. Turn ½ right.
- 7&8 Step forward on left. Close right beside left. Step forward on left.

#### Tag: Sway. Sway

1-2 Sway right. Sway left



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