

## **All My Life**

64 Count, 2 Wall, Intermediate Choreographer: Bastiaan van Leeuwen (DE) Aug 2019 Choreographed to: All I Need by Michael Schulte

Intro: 16 counts

Note: The beat from the music in wall 5 will slow down. Just keep on dancing until count 32. There you will do the

restart and the beat will be at normal speed again.

| <b>S1</b> 1 - 2 3&4 5 - 6   | Heel Grind R, Coaster Step R, Heel Grind L ¼ Turn L, Coaster Step L Rock R heel forward pointing toes to left, turn toes back to front turning on R heel & recover L, Step R back, step L next to R, step R forward, Rock L heel forward pointing toes to right, turn toes to left turning on L heel ¼ turn left & recover R (9:00)   |
|---|---|
| 7 &8  | Step L back, step R beside L, step L forward,   |
| <b>S2</b> 1-2& 3 - 4 5-6 7 - 8                                      | Dorothy Step R, Walk L-R Rock L, Recover R, Shuffle ½ Turn L Step R forward, cross L behind R, step R slightly to right side, Walk L-R to left diagonal (6:30) Rock L forward, recover R, Turn ¼ turn left stepping L to left side, close R next to L, turn ¼ turn left stepping L forward (12:30)  |
| <b>S</b> 3  | Rock R, Recover L, Side Shuffle R ¼ Turn Right, Rock L Recover R, Side Shuffle 3/8 Turn R   |
| 1 - 2<br>3&4<br>5 - 6<br>7&8  | Rock R forward, recover L,  1/8 turn right stepping R to right side, close L next to R, 1/8 turn right stepping R forward (4:30)  Rock L forward, recover R,  Turn 1/8 turn left stepping L to left side, close R next to L, turn ¼ turn left stepping  L forward (12:00)   |
|   |   |
| S4<br>1 - 2<br>3&4<br>5 - 6<br>7&8<br>Restart here in               | Side Rock, Behind, Side, Forward, Side Rock, Behind, Side, Forward Rock R to right side, recover L, Cross R behind L, step L beside R, step R forward, Rock L to left side, recover R, Cross L behind R, step R beside L, step L forward 5th wall facing (12:00)  |
| 1 - 2<br>3&4<br>5 - 6<br>7&8  | Rock R to right side, recover L, Cross R behind L, step L beside R, step R forward, Rock L to left side, recover R, Cross L behind R, step R beside L, step L forward   |
| 1 - 2<br>3&4<br>5 - 6<br>7&8<br>Restart here in<br>S5<br>1-4<br>5&6 | Rock R to right side, recover L, Cross R behind L, step L beside R, step R forward, Rock L to left side, recover R, Cross L behind R, step R beside L, step L forward  5th wall facing (12:00)  Rocking Chair R, Shuffle ½ Turn L, Rock L Back, Recover R Rock R forward, recover L, rock R back, recover L, ¼ turn L stepping R to right side, close L beside R, ¼ turn L stepping R back (6:00) |

S8 Rocking Chair R, Step R Forward, ¼ Turn L, Step R Forward, ¼ Turn L

1-4 Rock R forward, recover L, rock R back, recover L

5-8 Step R forward, ¼ turn L on both feet, step R forward, ¼ turn L on both feet (6:00)

Tag: End of 2nd wall facing (12:00) at the next steps,

Out Out, In, In

1-2 Step R shoulder wide forward, step L shoulder wide forward,

3-4 Step R back on spot, step L next to R.

Ending: to end dance on front wall just add following steps.

1-2 Step R forward ½ turn L.





