All My Life
64 Count, 2 Wall, Intermediate
Choreographer: Bastiaan van Leeuwen (DE) Aug 2019
Choreographed to: All I Need by Michael Schulte

| Intro: 16 counts |  |
| :---: | :---: |
| Note: The beat from the music in wall 5 will slow down. Just keep on dancing until count 32 . There you w restart and the beat will be at normal speed again. |  |
| S1 | Heel Grind R, Coaster Step R, Heel Grind L ¼ Turn L, Coaster Step L |
| 1-2 | Rock $R$ heel forward pointing toes to left, turn toes back to front turning on $R$ heel \& recover $L$, |
| 3\&4 | Step R back, step L next to R, step R forward, |
| 5-6 | Rock $L$ heel forward pointing toes to right, turn toes to left turning on $L$ heel $1 / 4$ turn left \& recover R (9:00) |
| 7 \&8 | Step L back, step R beside L, step L forward, |
| S2 | Dorothy Step R, Walk L-R Rock L, Recover R, Shuffle ½ Turn L |
| 1-2\& | Step $R$ forward, cross $L$ behind $R$, step $R$ slightly to right side, |
| 3-4 | Walk L-R to left diagonal (6:30) |
| 5-6 | Rock L forward, recover R, |
| 7-8 | Turn $1 / 4$ turn left stepping $L$ to left side, close $R$ next to $L$, turn $1 / 4$ turn left stepping L forward (12:30) |
| S3 | Rock R, Recover L, Side Shuffle R $1 / 4$ Turn Right, Rock L Recover R, Side Shuffle 3/8 Turn R |
| 1-2 | Rock R forward, recover L, |
| 3\&4 | 1/8 turn right stepping $R$ to right side, close $L$ next to $R, 1 / 8$ turn right stepping $R$ forward (4:30) |
| 5-6 | Rock L forward, recover R, |
| 7\&8 | Turn $1 / 8$ turn left stepping $L$ to left side, close $R$ next to $L$, turn $1 / 4$ turn left stepping L forward (12:00) |
| S4 | Side Rock, Behind, Side, Forward, Side Rock, Behind, Side, Forward |
| 1-2 | Rock R to right side, recover L, |
| $3 \& 4$ | Cross $R$ behind $L$, step L beside R, step R forward, |
| 5-6 | Rock $L$ to left side, recover R, |
| 7\&8 | Cross L behind R, step R beside L, step L forward |
| Rest | th wall facing (12:00) |
| S5 | Rocking Chair R, Shuffle ½ Turn L, Rock L Back, Recover R |
| 1-4 | Rock $R$ forward, recover L, rock $R$ back, recover $L$, |
| 5\&6 | $1 / 4$ turn $L$ stepping $R$ to right side, close $L$ beside $R, 1 / 4$ turn $L$ stepping $R$ back (6:00) |
| 7-8 | Rock L back, recover R, |
| S6 | Walk Forward L-R, Kick Ball Step L, Rocking Chair L |
| 1-2 | Walk forward L-R, |
| 3\&4 | Kick $L$ forward, step $L$ ball of foot next to R, step R forward, |
| 5-8 | Rock L forward, recover $R$, rock L back, recover R, |
| S7 | Shuffle ½ Turn R, Rock Back R, Recover L, Walk Forward R-L, Kick Ball Step R |
| 1\&2 | $1 / 4$ turn right stepping $L$ to left side, close $R$ beside $L, 1 / 4$ turn right stepping $L$ back (12:00) |
| 3-4 | Rock R back, Recover L, |
| 5-6 | Walk forward R-L, |
| 7\&8 | Kick R forward, step R ball of foot next to L, step L forward, |
| S8 | Rocking Chair R, Step R Forward, ¼ Turn L, Step R Forward, ¼ Turn L |
| 1-4 | Rock $R$ forward, recover L, rock $R$ back, recover $L$ |
| 5-8 | Step R forward, $1 / 4$ turn $L$ on both feet, step R forward, $1 / 4$ turn $L$ on both feet (6:00) |
| Tag: End of 2nd wall facing (12:00) at the next steps, |  |
| 1-2 | Step R shoulder wide forward, step L shoulder wide forward, |
| 3-4 | Step R back on spot, step L next to R. |
| Ending: to end dance on front wall just add following steps. |  |
| 1-2 | Step R forward ½ turn L. |

1-2 Step R forward $1 / 2$ turn $L$.
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