

Step Out

32 Count, 4 Wall, Beginner Choreographer: Malene Jakobsen (DK) Jun 2019 Choreographed to: Step Out by J. Red

Intro: 32 counts from the beginning 18 sec. seconds into track, dance begins with weight on L

S1	Side, Kick, Kick, Side, Hip Bumps, Kick
1-2-3-4	(1) Step R to R, (2-3) kick L fwd. twice, (4) step L to L 12.00
5-6-7-8	(5-6-7) Bump your hips L, R, L, (8) kick R fwd. 12.00
S2	Side, Hip Bumps, Clap, Side, Cross, Side, Cross
1-2-3-4	(1) Step R to R, (2-3) bumps hips R, L, (4) clap 12.00
5-6-7&8	(5) Step R to R, (6) cross L over R, (7) step R to R, (8) cross L over R 12.00
S3	Paddle 1/8, Paddle 1/8, *Wiggle Down'
1-2-3-4	(1) Step R to R, (2) turn 1/8 L, (3) step R to R, (4) turn 1/8 L 9.00
5-6-7-8	(5-6-7-8) Bend knees slowly and wiggle down over 4 counts 9.00
S4 1-2-3-4	*Wiggle Up', Rocking Chair (1-2-3-4) Straighten slowly and wiggle up over 4 counts – make sure weight is on L when done 9.00
5-6-7-8	(5) Rock fwd. on R, (6) recover onto L, (7) rock back on R, (8) recover onto L 9.00

NOTE

The 'wiggling' – doesn't matter how much you bend your knees, you can do what is best for you as long as you go downwards and then up again. Just have fun with it 🔞

www.linedancerweb.com 🖆 @LinedancerHQ 📩 contact@linedancerweb.com

, 166 Lord Street, Southport, United Kingdom, PR9 0QA Tel: +44 (0)1704 392300 Fax: +44 (0)871 900 5768⁻charged at 10p per minute

Why not join us for your next line dancing holiday visit www.KingsHillDanceHolidays.com