

Emerald Foxtrot

64 Count, 2 Wall, Improver Choreographer: Kevin Formosa (Aus) February 2019 Choreographed to: Coming Back As A Man by Caro Emerald (188bpm)

16 Counts intro

1-8 1,2 3,4 5,6,7,8	Walk, Walk, Side, Together, Back Step L forward, Drag R towards L Step R forward, Drag L towards R Step L to L side, Step R together, Step L back, Drag R towards L
9-16 1,2 3,4 5,6,7,8	Back, Back, Side, Together, Forward ¼ R Step R back, Drag L towards R Step L back, Drag R towards L Step R to R side, Step L together, ¼ R Stepping R forward, Hold (3.00)
17-24 1,2,3,4 5,6,7,8	Step, ½ R, Step, Lock, Step, Kick Step L forward, Hold, Pivot ½ R Hold (9.00) Step L forward, Lock R behind L, Step L forward, Kick R forward
25-32 1,2,3,4 5,6 7,8	Back, Lock, Back, Touch, Walk, Walk Step R back, Lock L in front of R, Step R back, Drag L to a Touch Step L forward, Drag R towards L Step R forward, Drag L towards R
33-40 1,2,3,4 5,6,7,8	Side, Together, Back, ¼ R, Together, ¼ R Step I to L side, Sep R together, Step L back, Drag R towards L ¼ R Stepping R to R side, Step L together, ¼ R stepping R forward, Hold (3.00)
41-48 1,2,3,4 5,6,7,8	Back, ½ Rock, Replace, Behind, ¼, Cross, Sweep Step L back, ½ R rocking R forward, Replace L, Hold (9.00) Step R behind L, ¼ L stepping L to L side, Cross R over L, Sweep L from back to front (9.00)
49-56 1,2,3,4 5,6,7,8	Cross, Side, Behind, Sweep, Behind, Side, Cross, Point Step L across R, Step R to R side, Step L behind R, Sweep R from front to back Step R behind L, Step L to L side, Step R across L, Point L toe to L side
55-64 1,2,3,4 5,6,7,8	Walk, Walk, Cross, Back, Back, Together Step L forward, Drag R towards L, Step R forward, Drag L towards R Cross L over R, Step R back, Step L back, Step R together
Restart	Wall 4 (starts facing 6.00) Dance up to count 56 and restart facing 12.00

Music download available from iTunes





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