











Resist

64 Count, 4 Wall, Intermediate Choreographer: Marja Urgert & Jan van Tiggelen (NL) Dec 2018

Choreographed to: Resist by Shary-An

Intro: 40 Counts

C 4.	C4~~ £d '	Taab 0	Ctan Daals	11441 0 7	Touch, Back		D	Chesia e	
Sec 1: 3	steb two.	TOUCH. &	Step Back.	neel. &	LOUCH, BACK	ROCK.	Recover.	Shume n	wa

- 1-2 RF. Step fwd LF. Touch toe beside RF
- &3&4 LF. Step back RF. Dig heel fwd RF. Step beside LF. LF. Touch toe beside RF
- 5-6 LF. Back rock RF. Recover
- 7&8 LF. Step fwd RF. Step together LF. Step fwd

Sec 2: 1/4 Turn L, Touch, & Step L Diagonal Back, Touch, & Step R Diagonal Back, Touch, Back Rock, Recover, Kick-Ball-Cross

- 1-2 RF. 1/4 Turn L step side LF. Touch toe beside RF (9:00)
- &3&4 LF. Step diagonal L back RF. Touch toe beside LF RF. Step diagonal R back -
 - LF. Touch toe beside RF
- 5-6 LF. Back rock RF. Recover
- 7&8 LF. Kick diagonal L fwd LF. Step beside RF RF. Cross over LF

Sec 3: Side Rock, Recover, Behind-Side-Cross, 1/2 Turn R into Cross Shuffle, Step Side, Touch

- 1-2 LF. Side rock RF. Recover
- 3&4 LF. Cross behind RF RF. Step side LF. Cross over RF
- 5&6 RF. 1/2 Turn R cross over LF LF. Step side RF. Cross over LF (3:00)
- 7-8 LF. Step side RF. Touch toe beside LF

Sec 4: Behind, Side, Cross Shuffle, 1/4 Turn R, Step Together, Step-Lock-Step

- 1-2 RF. Cross behind LF LF. Step side
- 3&4 RF. Cross over LF LF. Step side RF. Cross over LF
- 5-6 LF. 1/4 Turn R step back RF. Step together (6:00)
- 7&8 LF. Step fwd RF. Lock behind LF LF. Step fwd

Sec 5: Volta Steps with 1/2 Turn R, Volta Steps with 3/4 Turn L

- 1&2& RF. 1/8 Turn R step fwd (7:30) LF. Lock behind RF RF. 1/8 Turn R step fwd (9:00) LF. Lock behind RF
- 3&4 RF. 1/8 Turn R step fwd (10:30) LF. Lock behind RF RF. 1/8 Turn R step fwd (12:00)
- 5&6& LF. 1/4 Turn L step fwd (9:00) RF. Lock behind LF LF. 1/8 Turn L step fwd (7:30) RF. Lock behind LF
- 7&8 LF. 1/8 Turn L step fwd (6:00) RF. Lock behind LF LF. 1/4 Turn L step fwd (3:00)

Sec 6: Cross Rock, Recover, Chasse, Cross Rock, Recover, Chasse with 1/4 Turn L

- 1-2 RF. Cross rock over LF LF. Recover
- 3&4 RF. Step side LF. Step together RF. Step side
- 5-6 LF. Cross rock over RF RF. Recover
- 7&8 LF. Step side RF. Step together LF. 1/4 Turn L step fwd (12:00)

Sec 7: Skate R fwd, Skate L fwd, Kick-Ball-Step, Rock fwd, Recover, Shuffle 1/2 Turn R

- 1-2 RF. Skate fwd LF. Skate fwd
- 3&4 RF. Kick fwd RF. Step together LF. Step fwd
- 5-6 RF. Rock fwd LF. Recover
- 7&8 Shuffle 1/2 turn R stepping R,L,R (6:00)

Sec 8: Step fwd, 1/4 Turn R, Cross, Point, R Sailor Step, L Sailor Step

- 1-2-3-4 LF. Step fwd 1/4 Turn R LF. Cross over RF RF. Point toe to R side (9:00)
- 5&6 RF. Cross behind LF LF. Step side RF. Step side
- 7&8 LF. Cross behind RF RF. Step side LF. Step fwd

Start Again