



Ez Life On The Sloop John B

32 Count, 4 Wall, Beginner

Choreographer: Val Saari (CA) April 2018

Choreographed to: Sloop John B by The Beach Boys

SIDE STEP L, LF STEP FWD, ROCKING CHAIR

- 1-2 Step LF left, Step RF together
- 3-4 Step LF forward, hold
- 5-6 RF Rock forward, Recover LF
- 7-8 RF Rock back, Recover LF

SIDE TOGETHER RIGHT, HITCH, SIDE TOGETHER LEFT, HITCH PIVOT 1/4 L

- 1-2 Step RF right, Step LF together
- 3-4 Step RF right, LF hitch left knee
- 5-8 Step LF left, Step RF together
- 7-8 Step LF left, RF hitch right knee pivot 1/4 L

WALK FORWARD (R, L, R) POINT L, WALK BACK (L, R, L) POINT R

- 1-2 Walk forward, RF, LF
- 3-4 Walk forward RF, Point LF side left
- 5-6 Step back, L, R
- 7-8 Step back L, Point RF side right

RF TOE-STRUT MODIFIED JAZZ BOX, RF MAMBO BACK

- 1-2 Cross RF over L, Touch RF toe - drop R heel
- 3-4 Step LF left on toes, LF heel down
- 5-6 Rock RF back, Recover LF
- 7-8 Step RF together, hold

Repeat

Music download available from iTunes

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