

Good Vibration

68 Count, 2 Wall, Advanced (Phrased) Choreographer: Rebecca Lee (MY) & Jean-Pierre Madge (CH) May 2018 Choreographed to: Sweet Sensation by FloRida

Section: A-A-B-A-A-B-A-A-B-B

Part A: Section 1	Kick Step Lock Step, Kick Step Lock Step, ¼ Rock, Recover kick, Coaster Step.
1&2&	Kick R to R diagonal (1), Step R to R diagonal (&), Lock L behind R (2), Step R to R diagonal (&),
3&4&	Kick L to L diagonal (1), Step L to L diagonal (&), Lock R behind L (2), Step L to L diagonal (&),
5-6	¼ R Rock R forward (5), Recover on L as you recover, Kick R forward (6),
7&8	Step R behind (7), Step L next R (&), Step R forward (8).
Section 2	Step Touch, Step, Touch, ¹ / ₄ Step Chest Pop, and Rock Recover, Behind Side Step ¹ / ₄ .
1&2	Step L to L diagonal (1), Touch R next L (&), Step R to R diagonal (2), Touch L next to R (&),
3&4	¹ / ₄ R Step L to L (3), Pop chest out (&), Pop chest in (4),
&5-6	Bring R next L (&), Rock L to L (5), Recover on R (6),
7&8	Cross L behind R (7), ¹ / ₄ R Step R forward (&), Step L forward (8).
Section 3	Out-Out, Kick Kick, Jazz box and Cross Shuffle.
1-2	Step R out to R diagonal (1), Step L out to L diagonal (2),
3-4	Kick R forward (3), Kick R Behind (4),
5-6	Cross R over L (5), ¼ R Step L back (6),
&7&8	Step R to R (&), Cross L over R (7), Step R to R (&), Cross L over R (8).
Section 4	And Heel, Hold and Cross and Heel and Cross ½ R Big Step Side Together.
&1-2	Step R to R (&), L heel to L diagonal (1), Hold (2),
&3&4&	Step L next R (&), Cross R over L (3), Step L to L (&), R Heel to R diagonal (4), Bring R next L (&),
5-6	Cross L over R (5) Unwind ½ R weight is on L (6)
7-8	Big Step R to (7), Bring L next R with weight (8).
Part B: Section 1 1-2 3-4 5-6 7&8	Out-Out, Hands Up, Down, Waves & Slide. Step R Out to R diagonal (1), Step L Out to L diagonal (2), Bring both hands in front of your head, Fingers are pointing Up, there is a small space between them like you are holding an invisible box(3), Bring the box in front of your hips, fingers are now pointing the floor, head down (4), Move both arms to the R trying to make a wave (5), Move both arms to the L trying to make a wave (6), Move both arms to R(7),L(&),R(8) on count 8 big slide to R side
Section 2	Lock, Full turn, Big Step, Ball Cross, Kick Ball Cross.
1-2-3	Lock L behind R (1), Unwind full turn L (2-3) weight is on L
4-5	Big Step R back (4), Drag L next R (5),
&6	Step L next R (&), Cross R over L (6) body is facing 1:30
7&8	Kick L forward (7), Step L next R (&), Cross R over L (8) body is facing 1:30
Section 3	Step Heel Bounce, Back Heel Bounce and Touch and Touch, Back Heel Bounce.
1&2	Body is still facing 1:30, Step L forward (1), Bounce Heels up (&) Bounce Heels down (2),
3&4	Step L back, body is facing 11:30 (3), Bounce Heels up (&), Bounce Heels down (4),
&5&6	Step R back (&), Touch L forward (5), Step L back (&), Touch R forward (6),
7&8	Step R back body facing 1:30 (7), Bounce Heels up (&), Bounce Heels down (8) weight is on R
Section 4	Ball Step, Step, Out-Out, Clap, Arms.
&1-2	Bring L next R (&), Cross R over L body is facing 1:30 (1), Step L forward body is facing 12:00 (2),
&3-4	Step R out to R diagonal (&), Step L out to L diagonal (3), Clap hands In front of your chest (4)
5-6-7-8	Open arms wiggling fingers (5-6-7-8) on Count 8 your arms are extended to sides
Section 5	Pop Arms up, Pop Arms Down, Toes In, Heels in, Chest Pop.
1-2	Bring both hands up, palm facing up, fingers pointing outside (1), Bring both hands down, fingers pointing inside, palm facing up (2)
&3&4	Bring both toes in (&), Bring both heels in (3), Pop Chest out (&), Pop Chest in (4).

Smile because you did a great job and restart the dance !