

## No Tomorrow

32 Count, 4 Wall, Improver Choreographer: Frank Heelan (IE) Mar 2018 Choreographed to: Love Me A Little Bit Longer by Lisa Stanley

## Intro 32 counts start on vocal.

<b>Section 1</b> 1-2 3&4 5-6 7-8	Side, together, chasse right, rock back recover, pivot ½ turn. Step right to right, left together. Step right to right, left together, right to right. Rock back on left, recover to right Step forward left, pivot ½ turn right. (Weight to right) (6.00)
Section 2 1-2	Rock step, coaster step, walk, walk, chasse ¼ turn. Rock forward left, recover to right.
3&4	Step back left, right together, forward left.
5-6	Walk forward, right, left.
7&8	Turn ¼ left, step right to right, left together, right to right.
Section 3 1-2 3-4 5-6 7-8	Rock back, recover, side behind, side, cross, side rock, recover. Cross left behind right, recover to right. Step left to left, step right behind. Step left to left, cross right over left. Rock left to left. recover to right.
Section 4	Rock recover, shuffle ½ turn, right rocking chair.
1-2 3&4	Rock forward left, recover to right. Turn ¼ left step left to left, right together, turn ¼ left step forward left.
5-6	Rock forward right, recover to left.
7-8	Rock back right, recover to left.
Tag.	Wall 9 section 3. Dance up to count 23 hold for 1 then restart dance facing 3.00

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