

The Wolf

Phrased, 80 Count, 2 Wall, Intermediate Choreographer: Gemma Ridyard (UK) February 2018 Choreographed to: The Wolf by The Spencer Lee Band Album: Fifty Shades Freed

Sequence - ABC ABC C -16 TAG C A

Part A 32 counts

Step hitch, sailor step, heel flicks - L, R, 2x L

- 1-2 Step RF forward to R diagonal (1:30), cross LF behind RF hitching up R knee
- 3&4 Cross RF behind LF, step LF a small step to L side, step RF to R side
- 5&6& Slightly bending both knees flick L heel out, back to centre, flick R heel out, back to centre
- 7&8 Flick L heel to L side, return to centre, flick L heel to L side

Sailor 1/2 turn L, out out hold, lean close, point close, back twist centre

- 1&2 Cross LF behind RF, making 1/2 turn L step RF to R side, step LF to L side (6.00)
- 3&4 Step RF small step to R side (push R arm forward with index finger showing), step LF small step to L side (push L arm forward and across R with index finger showing), open arms out wide (4)
- 5-6 Bend L knee toward R knee leaning into a jazz line with the L leg (arms stay wide but as you hit the jazz line they follow with the lean diagonally)(5) close LF to RF (6)
- 7&8 Point R toe to R side (7), close RF to LF (&) step LF a small step back behind R (8) &1 2 twist R heel to R side (&) replace R heel back to centre (1) hold (2)

1/2 turn L hold, L leg flicks to L side, too chest isolations

- 3-4 Make a 1/2 L keeping weight back on RF (3) hold (4)
- 5-6 Flick L leg to L side as you click R hand above head (5) L leg returns and touches in front of RF
- 7-8 2 x chest isolations/ripples

2x walks forward, 1/4 turn R hip roll, 1/4 turn L hip roll, run back

- 1-2 Step LF forward, step RF forward
- 3-4 Making a 1/4 turn R stepping LF to L side rolling hips clockwise (3) touch R toe to side (4)
- 5-6 Rolling hips anti-clockwise (5) make a 1/4 turn L touch L toe forward (6)
- 7&8 Run back L, R, L

Part B 16 counts

Heel jack, cross unwind, knee pop, 2xwalks forward, press to R side with hand flick

- &1 2 Take a big Step back on RF (slide) (&) Dig L heel forward (1) step L down (2)
- &3.4 Step RF forward (&) cross LF behind RF (brushing R hand toward R hip lyrics spank it) (4) unwind a full turn over the L shoulder keeping weight on RF (4)
- 5-6 Step LF back popping R knee forward (bring R hand to heart, L hand to R hip) (5) step RF straight forward (bring R hand to R shoulder & L hand to L hip) (6)
- 7 8& Step L forward (7) step RF to R side bending R knee (weight on R) as you bring both hands toward L shoulder and flicking them twice (8&)

Slide, close, touch forward, touch centre, hold, reach reach grab, step pencil turn

- 1-2 Step LF to L side, touch R toe next to LF
- 3&4 Touch R toe forward, close Rf next to LF (drop head) (&) head looks up and forward (4)
- 5&6 Step RF to R side as you reach R arm across the body to L diagonal, L arm reaches to L diagonal (&) clasp hands together bringing them down to R hip as you touch L toe next to R (6) (slightly torgue shoulders to R)
- 7-8 Make a 1/4 turn L stepping LF down (7) make a further 3/4 turn L touching R toe next to LF (8) (12.00)

Part C 32 counts

Side points RF, 2 x walk backs, 1/2 turn L, pencil full turn L

- 1&2&34Point R toe to R side (1) touch R toe next to L toe (&) point R toe to R side (2) touch R toe next to L toe (&) point R toe to R side (3) touch R toe next to L toe (&) step RF to R side (through counts 1-4 upper body is angled toward 10:30)
- 5 6 7 Travelling back on the diagonal facing 10:30 step LF back (5) step RF back (6) make a 1/2 turn over L shoulder step LF forward (5:30)
- **Optional styling** on the walks take the knees out and in)
- 8 Make a full pencil turn over L shoulder touching R toe next to LF (8)

Side points RF, 2 x walk backs, 1/2 turn L, hold

- 1&2&34Point R toe to R side (1) touch R toe next to L toe (&) point R toe to R side (2) touch R toe next to L toe (&) point R toe to R side (3) touch R toe next to L toe (&) step RF to R side (through counts 1-4 upper body is angled toward 10:30)
- 5 6 7 Travelling back on the diagonal facing 10:30 step LF back (5) step RF back (6) make just under 1/2 turn over L shoulder step LF forward (12.00)
- Optional styling on the walks take the knees out and in)
- 8 Hold
- Tag here

Slide R, double hip bump, slide L, double hip bump

- 1-2 Step RF to R side, touch LF next to RF
- 3-4 2 x hip bumps R (RF remains touched)
- 5-6 Step LF to L side, touch RF next to LF
- 7-8 2 x hip bumps R (RF remains touched)

Slide R, double hip bump, boogie walks back

- 1-2 Step RF to R side, touch LF next to RF
- 3-4 2 x hip bumps L (LF remains touched) (angle body to 11:30)
- 5-6 Facing 11:30 step LF back swivelling R heel, step RF back swivelling L heel
- 7&8 Step LF back swivelling R heel, step RF back swivelling L heel, step LF back
- Tag 16 counts During wall 7 Part C
- 1-8 Slow chug turn over the left shoulder, RF paddles as you shake R hand
- (imagine trying to shake of water)
- 9-16 Repeat (1-8] on L side

Linedancer, 166 Lord Street, Southport, United Kingdom, PR9 0QA Tel: +44 (0)1704 392300 Fax: +44 (0)871 900 5768 •charged at 10p per minute