











## **Humble And Kind**

48 Count, 2 Wall, Intermediate (Waltz) Choreographer: Gail Smith (USA) Feb 2016 Choreographed to: Humble And Kind by Tim McGraw

Intro: 48 Counts - Begin on vocals - (No Tags or Restarts)

You start & end facing the wall. The rest of the dance is to the corners.

Section 1: FWD, SWEEP, FWD, SWEEP
1-2-3 Step L fwd, sweep R fwd
4-5-6 Step R fwd, sweep L fwd

Section 2: 1/2 of FALL AWAY DIAMOND (to the Left)

1-2-3 Step L across R, step R back diagonal, step L back - 10:30 4-5-6 Step R behind L, step L to side, step R fwd to diagonal - 7:30

Section 3: FWD, SWEEP, FWD, SWEEP

1-2-3 Step L fwd, sweep R fwd - 7:30

4-5-6 Step R fwd, sweep L fwd

Section 4: 1/2 of FALL AWAY DIAMOND (to the Left)

1-2-3 Step L across R, step R back diagonal, step L back - 4:30 4-5-6 Step R behind L, step L to side, step R fwd to diagonal - 1:30

Section 5: MODIFIED 1/2 MONTEREY TURN
1-2-3 Step L fwd, point R toes to side, HOLD

4-5-6 Turn 1/2 R and step R together, point L toes to side, HOLD - 7:30

Section 6: REPEAT - MONTEREY TURN

1-2-3 Step L fwd, point R toes to side, HOLD

4-5-6 Turn 1/2 R and step R together, point L toes to side, HOLD - 1:30

Section 7: FWD, LIFT, BACK, DRAG

1-2-3 Step L fwd, slowly lift R extending leg and point toes ( low lift )
4-5-6 Large step back with R, slowly drag L back and next to R foot, HOLD

Section 8: TURNING 1/8, 1/2, BACK, BACK, DRAG

1 Turn 1/8 and step L fwd - squaring up to the wall - 12:00

2-3 Turn 1/2 and step R back, step L back - 6:00 4-5-6 Step R back, drag L toes up next to R foot, HOLD

## **START AGAIN**

Linedancer, 166 Lord Street, Southport, United Kingdom, PR9 0QA Tel: +44 (0)1704 392300 Fax: +44 (0)871 900 5768 charged at 10p per minute