



Take A Second

48 Count. 4 Wall. Intermediate Choreographer: Neville Fitzgerald, Julie Harris (UK) & Rhoda Lai (CA) Sept 2017 Choreographed to: First Things First by Pentatonix

2:40mins Track:

16 Counts Intro:

Section 1: Rock Recover, Ball Step Up, Down, Out Out, In Cross, Side Touch, Drag.

Rock forward on Left, Recover back on Right. 1-2 &3 Step Left next to Right, step forward on Right.

&4 Lift both heels Up, replace both heels.

&5&6 Step Right out to Right side, step Left out to Left side, step Right in place,

cross step Left over Right.

&7-8 Step Right to Right side, touch Left next to Right, step Left to side as you

drag right heel (toe up) towards Left.

Section 2: Behind Side Forward, Step, 1/2 Pivot, Step, Step Touch, Back, Touch, Drag.

1&2 Cross step Right behind Left, step Left to Left side, step forward on Right.

3-4 Step forward on Left, make 1/2 pivot Right. (6.00)

Step forward on Left. 5

6&7& Step Right to Right diagonal, touch Left next to Right, step Left back in place,

touch Right next to Left.

8 Step large step back on Right as you drag Left heel toward Right.

Coaster Step, Hitch, Toe Back, 1/4, Behind Side Cross, Side Together. Section 3:

Step back on Left, step Right next to Left, step forward on Left. 1&2

3-4-5 Hitch Right knee up, touch Right toe back, make 1/4 pivot turn to Right

(keeping weight on Left).(9.00)

6&7 Cross step Right behind Left, step Left to Left side, cross step Right over Left.

88 Step Left to Left side, step Right next to Left.

Section 4: Step, Lock, Step, Lock, Step, Lock, Step, Mambo Step, Back, 1/2.

Step forward on Left, lock Right behind Left, step forward on Left, lock Right behind Left. 1&2&

Step forward on Left, lock Right behind Left, step forward on Left. 3&4 5&6 Rock forward on Right, recover on Left, step back on Right.

Step back on Left, make 1/2 turn to Right stepping forward on Right. *R* (3.00) 7-8

Section 5: Side, Hold, Ball Side, Cross, & Together, Cross, 1/4, 1/4, Step Lock.

Step to Left side, Hold. 1-2

Step Right next to Left, step Left to Left side, cross step Right over Left. &3-4

&5 Step Left to Left side (facing slightly towards 4.30 corner) step Right next to Left

(pushing bum slightly back)

6-7 Cross step Left over Right, make 1/4 turn to Left stepping back on Right. (12.00) 8&1 Make 1/4 turn to Left stepping forward on Left, step forward on Right, lock Left behind

Right popping Right knee forward. (9.00)

Section 6: Step, Mambo Step, Toe, 1/2, Walk, Walk.

Step forward on Right.

3&4 Rock forward on Left, recover back on Right, step back on Left.

5-6 Touch Right toe back, make 1/2 turn to Right stepping down on Right. (3.00)

7-8 Walk forward L-R.

Restart: Walls 2 & 4

Dance Up To and Including Count 32 of Section 4 then Begin Dance Again.

Dance Up to and including Count 47, take a pivot ½ Right to face back to 12:00. **Ending:**