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Rhythm In My Soul

32 Count, 1 Wall, Improver

Choreographer: Roger (leftfoot) Hunter (USA) Jan 2017

Choreographed to: Got A Lot Of Rhythm In My Sole by
Niamh Lynn

Starts on lyrics

Section 1 Side Rock-R, Sailor Step, Sailor Step-L1/4, Step Touch-R

1-2 step right to right recover on left,

3&4 step right behind left, step left to left side, step right next to left.

5&6 step left behind right, step right to right side, step left next to right(1/4) turn to left(facing 9:00)

7-8 step right to right, touch left next to right.

Section 2 Side Rock-L Sailor Step, Sailor Step R 1/4, Step Touch-L

1-2 step left to left, recover on right,

3&4 step left behind right step right to right side, step left next to right.

5&6 step right behind left, step left to left side, step right next to left(1/4)turn to right (facing 12:00)

7-8 step left to left, touch right next to left

Section 3 Pivot Hitch, Step, Coaster Heal, Step Lock Step, Step Touch.

1-2 pivot 1/4 on left & hitch right knee on1, step right to right, (facing 9:00)

3&4 step left behind right, step right back slightly, step left heel in front of right
(1/8)diagonal to left (facing 7:30)

5&6 step left forward, step right behind left, step left forward.(1/8) turn to left (facing 6:00)

7-8 step right to right, touch left next to right.

Section 4 Rock Recover, Triple 1/2, Shuffle Back, Step Touch

1-2 step left back recover on right,

3&4 step left forward, step right beside left, step left beside right (1/2) turn to right (facing 12:00)

5&6 step right back, step left back to right, step right back.

7-8 step left back, touch right next to left.

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