

Bump N Grind

32 count, 2 wall, intermediate level

Choreographer: Michelle Perry (England) Nov 2005

Choreographed to: Feel The Same Way Too by The

Rankin Family, CD: Endless Seasons

Kick Right, Left, Right x 2, Cross over, Swivel feet

- 1& 2 Kick right foot out, back to place, kick left foot out back to place.
&3&4 Kick right foot out, back to place, kick right foot out.
&5&6 Bring right back to place, jumping left over right, step right next to left.
7 Swivel on heel of right foot pointing toes ¼ turn to right whilst swivelling left heel ¼ turn to left on ball of foot. (Do not turn body).
8 Swivel feet back to place.

Swivel feet x 3, Cross over, Unwind

- 9 Swivel on heel of left foot pointing toes ¼ turn to left whilst swivelling right heel ¼ turn to right on ball of foot. (Do not turn body).
10 Swivel feet back to place.
11 Swivel on heel of left foot pointing toes ¼ turn to left whilst swivelling right heel ¼ turn to right on ball of foot. (Do not turn body).
12 Swivel feet back to place.
13 Swivel on heel of left foot pointing toes ¼ turn to left whilst swivelling right heel ¼ turn to right on ball of foot. (Do not turn body).
14 Swivel feet back to place.
15 -16 Cross right foot over left, unwind half turn over left shoulder.

Stomp x 2, Heel touch x 2, Hook, Heel touch, Back to place

- 17 -18 Stomp right, stomp left.
19 -20 Right heel forward, back to place.
21 -22 Right heel forward, hook right under left knee.
23 -24 Right heel forward, back to place.

Slow step to right, Rock left & right, Left side shuffle, ½ Turn, ½ Turn

- 25 -26 Step right foot to side, (over two counts).
27 -28 Step left foot back rocking weight onto left, rock forward on right.
29&30 Step left foot to left side and shuffle.
31 Turn ½ turn over left shoulder and ball of left foot and step right down
32 Turn ½ turn over left shoulder and ball of right foot and step left down