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I Could Be The One

32 Count, 4 Wall, Improver

Choreographer: Nathan Gardiner (UK) Jun 2017

Choreographed to: Be The One by Dua Lipa

Intro: 16 counts

Section 1 Syncopated Rocking Chair, R Lock Step, L Rumba Box

1&2& Rock forward on R, Recover on L, Rock back on R, Recover on L
3&4 Step forward on R, Lock L behind R, Step forward on R
5&6 Step L to L side, Step R next to L, Step back on L
7&8 Step R to R side, Step L next to R, Step forward on R

Section 2 Chasse $\frac{1}{4}$ L, Step Pivot $\frac{1}{4}$ L Cross, Hinge $\frac{1}{2}$ R Cross, Side Rock, Recover

1&2 Step L to L side, Step R next to L, $\frac{1}{4}$ L stepping forward on L
3&4 Step forward on R, Pivot $\frac{1}{4}$ L, Cross R over L
5&6 $\frac{1}{4}$ R stepping back on L, $\frac{1}{4}$ R stepping R to R side, Cross L over R
7-8 Rock out to R side, Recover on L

Section 3 Syncopated Rocks, Cross Rock, Recover, Side R & L

1&2& Cross rock R over L, Recover on L, Rock out to R side, Recover on L
3&4 Cross rock R over L, Recover on L, Step R to R side
5&6& Cross rock L over R, Recover on R, Rock out to L side, Recover on R
7&8 Cross rock L over R, Recover on R, Step L to L side

Section 4 Cross, Side L, Back, Behind, $\frac{1}{4}$ R, Step Forward, Step Pivot $\frac{1}{4}$ L Step, Step $\frac{3}{4}$ R, Side L

1&2 Cross R over L, Step L to L side, Step back on R
3&4 Step L behind R, $\frac{1}{4}$ R stepping forward on R, Step forward on L
5&6 Step forward on R, Pivot $\frac{1}{4}$ L, Step forward on R
7&8 Step forward on L, Pivot $\frac{1}{2}$ R, $\frac{1}{4}$ R stepping L to L side

Restart: On wall 4 after 16 counts

Last Update - 16th June 2017