

# Head & Heart

32 Count, 4 Wall, Improver Choreographer: Jan Brookfield (UK) May 2017 Choreographed to: The Head & Heart by David Starr

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## A Gentle Two-Step Style Line Dance (S,S,QQ,S) Start After 11 Secs On Vocals.

- Section 1: Sway X 2, Side, Close, Forward; Sway X 2, Side, Close, Forward
- 1,2 Step R to right side swaying hips to right, transfer weight onto L swaying hips left 3&4 Step R to right side, close L to R, step R forward
- 5,6 Step L to left side swaying hips to left, transfer weight onto R swaying hips right
- 7&8 Step L to left side, close R to L, step L forward

#### Section 2: Rock, Recover, Coaster, Rock, Recover, <sup>1</sup>/<sub>2</sub> Turn Shuffle

- 9,10 Rock R forward, recover onto L
- 11&12 Step R back, step L next to R, step R forward
- 13,14 Rock L forward, recover onto R
- 15&16 Making a half turn over left shoulder shuffle forward on L,R,L (6 o'clock)

### Section 3: Step, <sup>1</sup>/<sub>4</sub> Pivot, Cross Shuffle, Rock Side, Recover, Behind, Side, Cross

- 17,18 Step R forward, pivot a quarter turn left transferring weight onto L (3 o'clock)
- 19&20 Shuffle across in front to left side on R,L,R
- 21,22 Rock L to left side, recover onto R
- 23&24 Step L behind R, step R to right side, step L across in front of R

### Section 4: <sup>1</sup>/<sub>4</sub> Turn Paddles X 2, Reverse Sailor Step X 2 (S,S,S,S,QQ,S,QQ,S)

- 25,26 Step R to right side, pivot quarter turn left transferring weight onto L
- 27,28 Repeat steps for counts 25,26 (now facing 9 o'clock)
- 29&30 Step R across in front of L, step back L out to left side, step R out to right side
- 31&32 Step L across in front of R, step back R out to right side, step L out to left side

### Tag Needed Here After Walls 2 And 5

- Tag:Side, Touch, Side, Touch
- 1,2,3,4 Step R to right side, touch L next to R; step L to left side, touch R next to L

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